Beyond the Bench Conference
December 4, 2013

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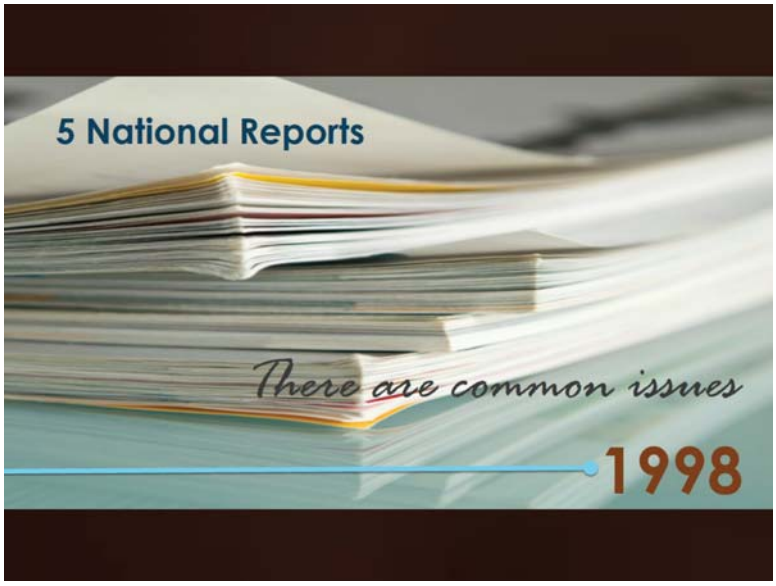
Executive Director

Children and Family Futures
www.cffutures.org

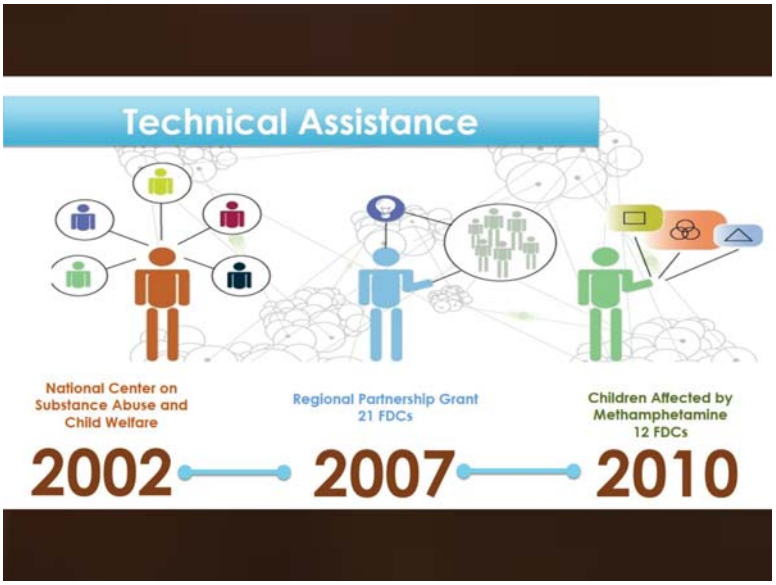
Common Vision
Extraordinary Effort
Court
Drug Treatment
Child Welfare
3
Systems with multiple:
• Mandates
• Training
• Values
• Timing
• Methods

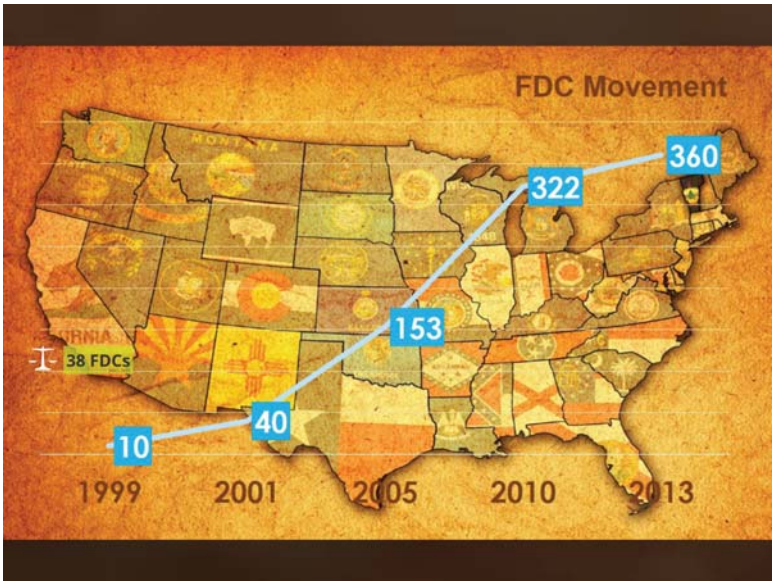
Stuart Foundation Workgroup
1995

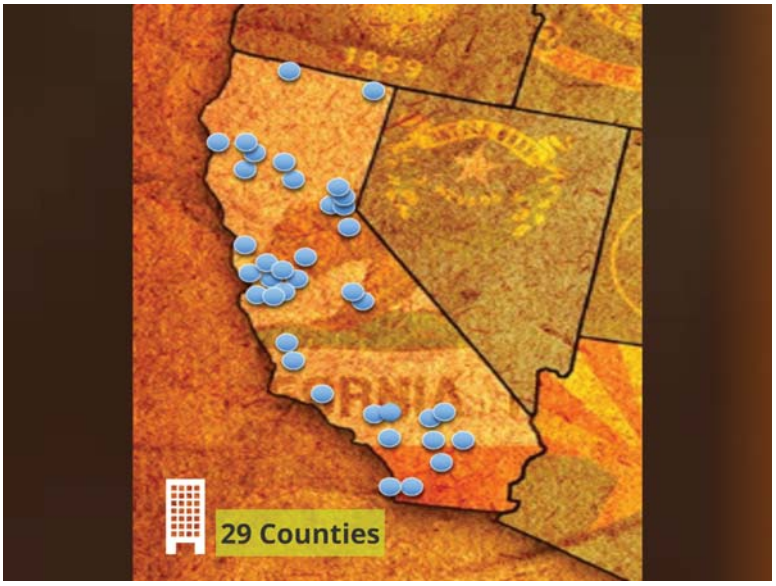
Adoption and Safe Families Act
1997


5 National Reports
There are common issues
1998

Report to Congress
Five National Goals Established
1999


Technical Assistance
National Center on Substance Abuse and Child Welfare
Regional Partnership Grant 21 FDCs
Children Affected by Methamphetamine 12 FDCs
2002
2007
2010

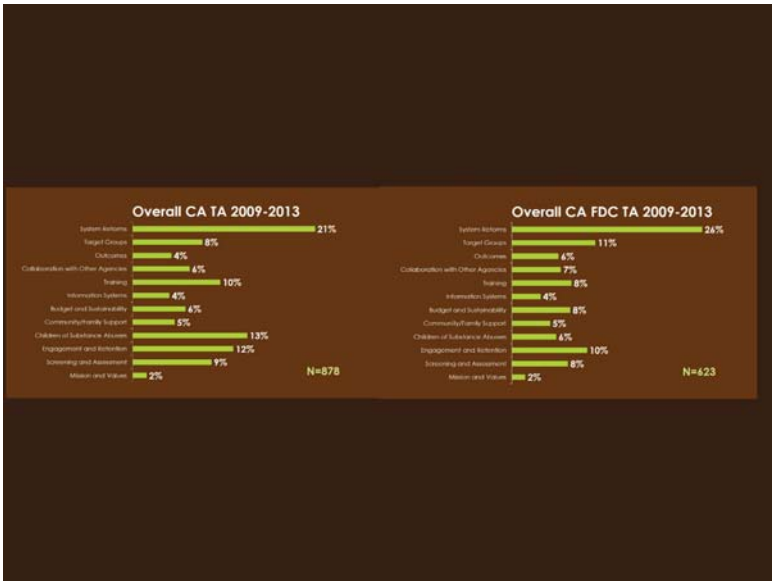

FDC Movement
38 FDCs
10
40
153
322
360
1999
2001
2005
2010
2013


29 Counties

# TA Requests - California

Since 2009 - CFF has fulfilled:

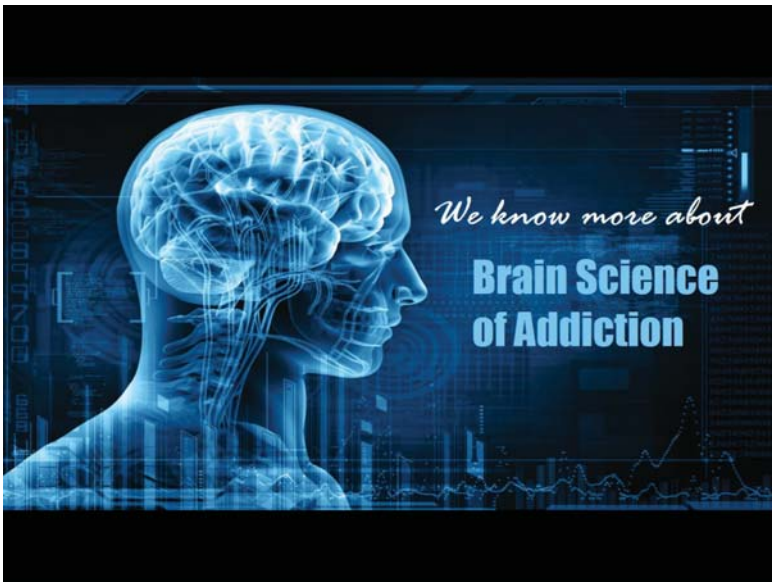
- 467 TA requests - CA overall
- 139 TA requests - FDC-related

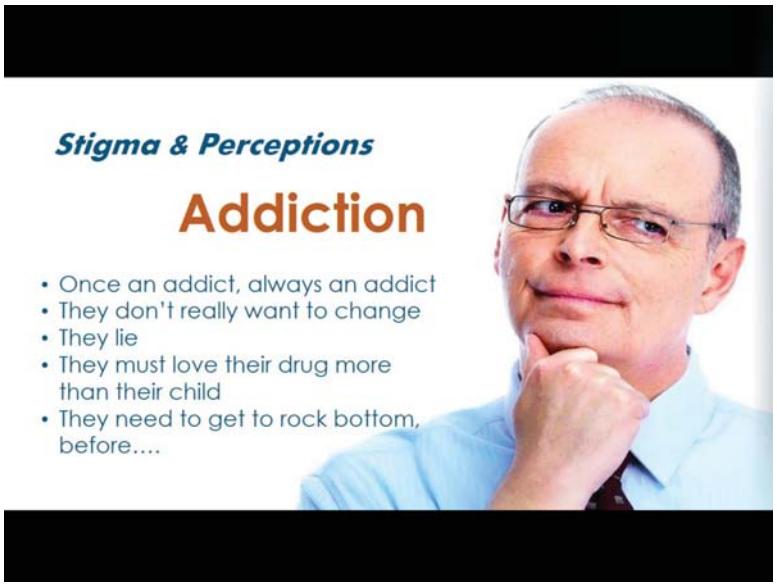


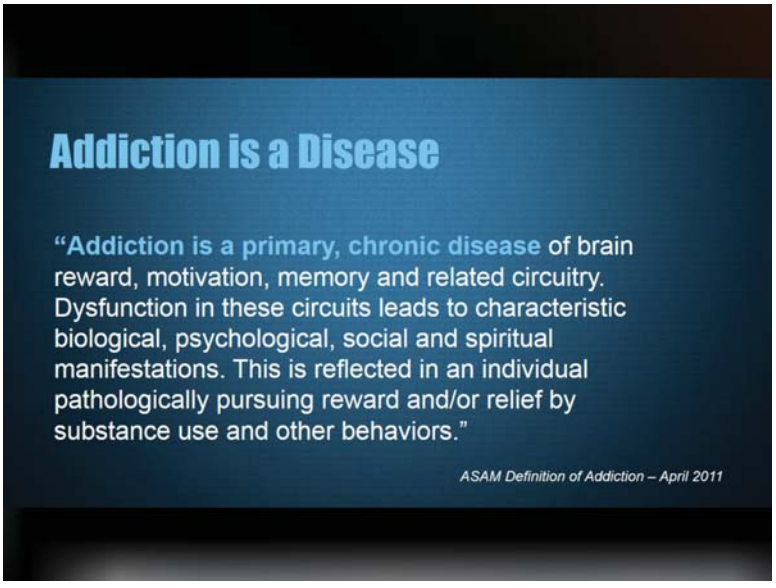

## Common Ingredients of FDCs

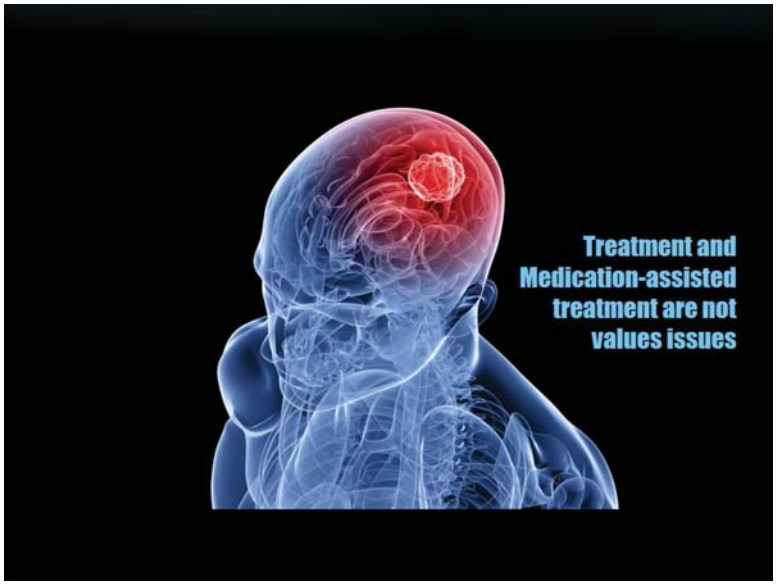
- System of identifying families
- Earlier access to assessment and treatment services
- Increased judicial oversight
- Increased management of recovery services and compliance
- Collaborative approach across service systems and Court
- Responses to participant behaviors (sanctions & incentives)

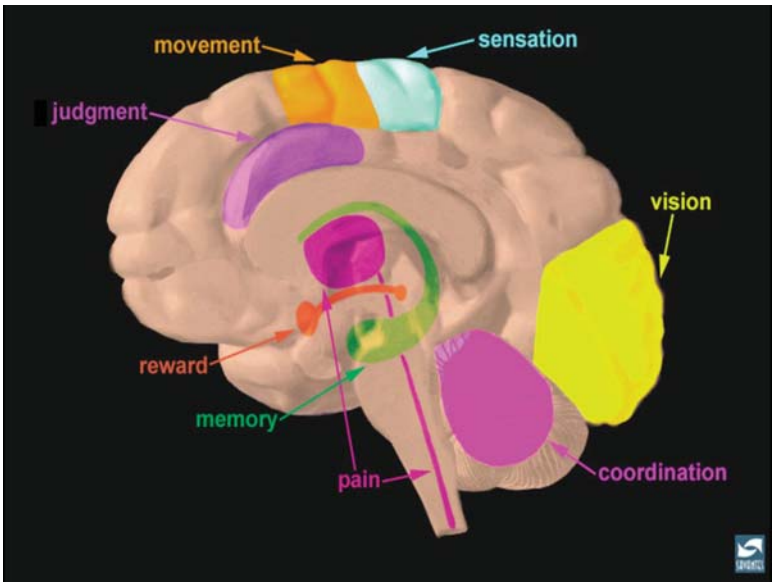
*2002 Process Evaluation*

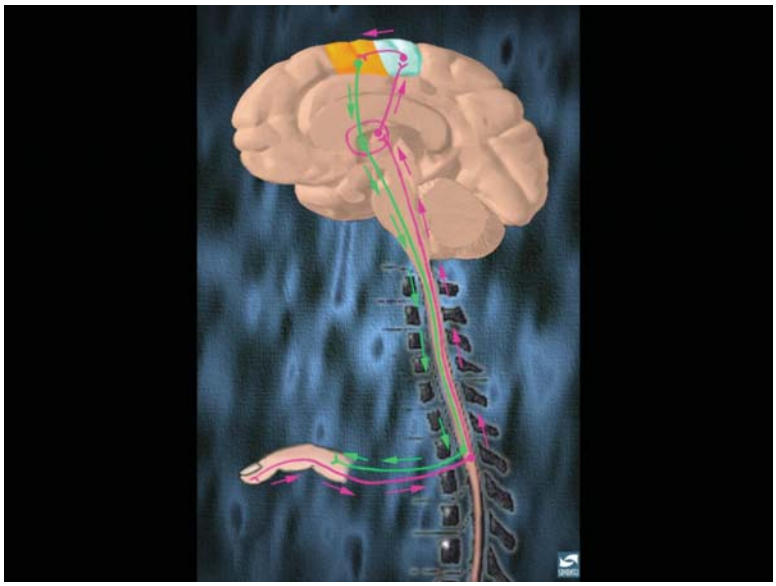

We know more about
Brain Science
of Addiction

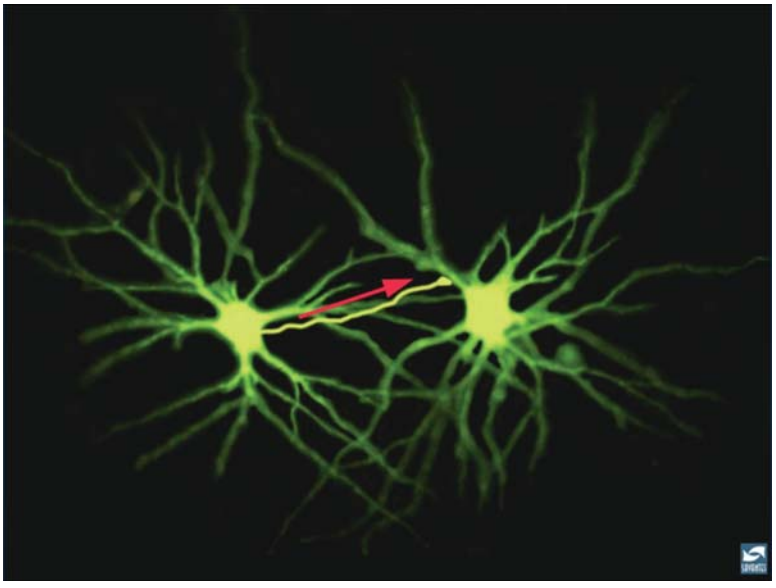

Stigma & Perceptions
Addiction
• Once an addict, always an addict
• They don't really want to change
• They lie
• They must love their drug more than their child
• They need to get to rock bottom, before....

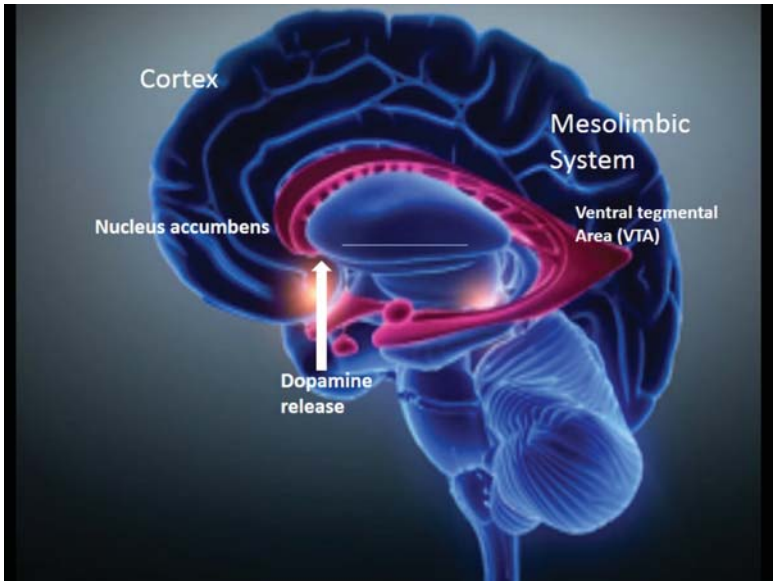

Addiction is a Disease
"Addiction is a primary, chronic disease of brain reward, motivation, memory and related circuitry. Dysfunction in these circuits leads to characteristic biological, psychological, social and spiritual manifestations. This is reflected in an individual pathologically pursuing reward and/or relief by substance use and other behaviors."
ASAM Definition of Addiction – April 2011

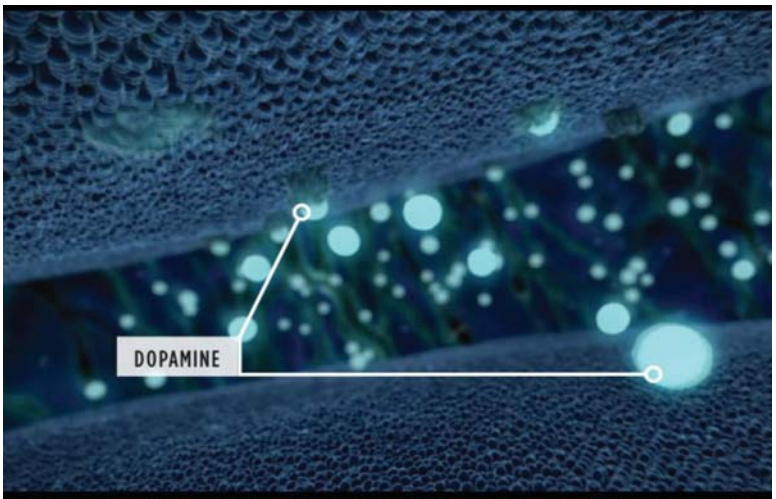

Treatment and Medication-assisted treatment are not values issues


movement
sensation
judgment
vision
reward
memory
pain
coordination

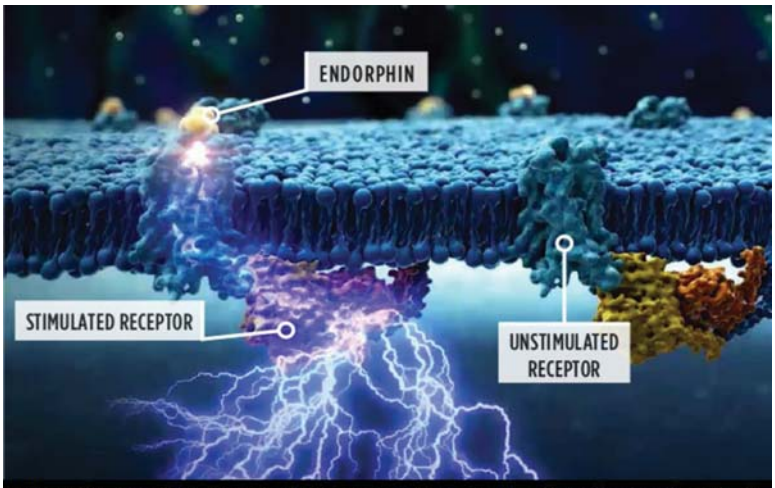





Cortex
Mesolimbic System
Nucleus accumbens
Ventral tegmental Area (VTA)
Dopamine release

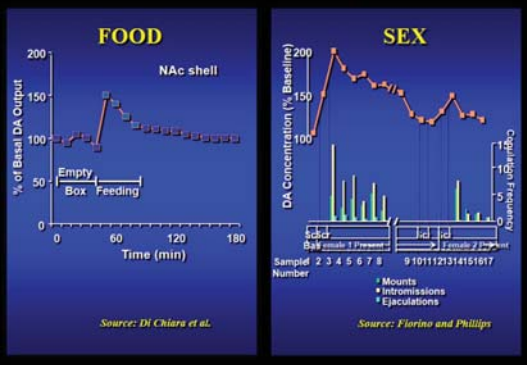



When the receptors are unlocked, they release neurotransmitters including dopamine in the brain. Dopamine gives you a good feeling to reward you for doing something you enjoy. This reward is what makes you want to repeat these behaviors.

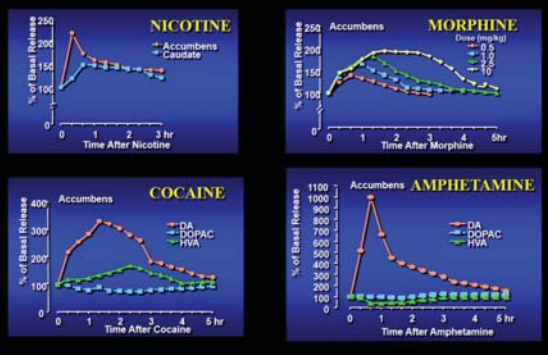


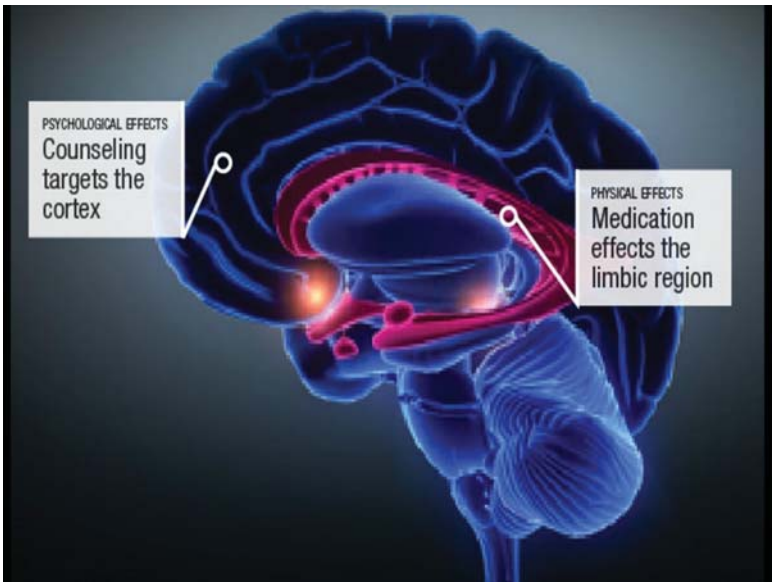

When that activity is something you enjoy, your brain releases chemicals called endorphins that make you feel good. Endorphins attach to receptors – much like a key fitting into a lock – and unlock the receptors.

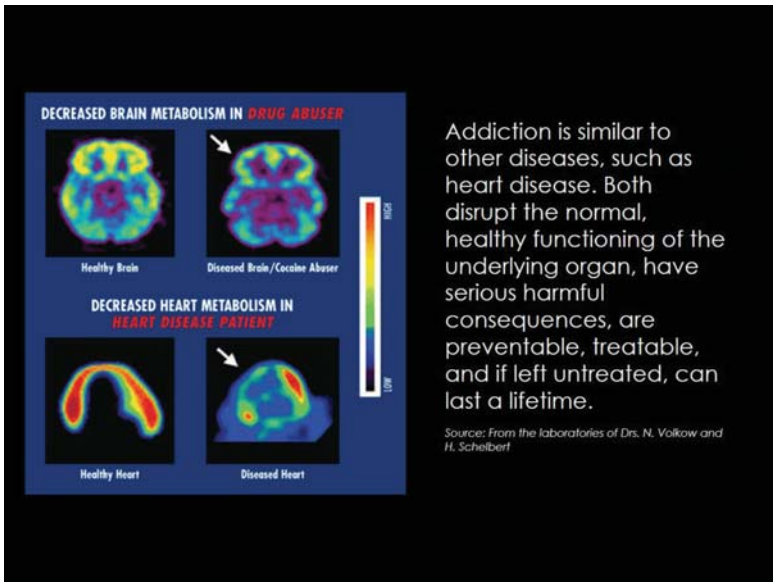
## Natural Rewards Elevate Dopamine Levels




## Effects of Drugs on Dopamine Levels




PSYCHOLOGICAL EFFECTS
Counseling targets the cortex
PHYSICAL EFFECTS
Medication effects the limbic region


DECREASED BRAIN METABOLISM IN DRUG ABUSER
Healthy Brain
Diseased Brain/Cocaine Abuser
DECREASED HEART METABOLISM IN HEART DISEASE PATIENT
Healthy Heart
Diseased Heart
HIGH
LOW
Addiction is similar to other diseases, such as heart disease. Both disrupt the normal, healthy functioning of the underlying organ, have serious harmful consequences, are preventable, treatable, and if left untreated, can last a lifetime.
Source: From the laboratories of Drs. N. Volkow and H. Schelbert

"Addiction is a Developmental Disorder of Adolescence"
Dr. Nora Volkow
Director, National Institute on Drug Abuse
It starts early
First Marijuana Use (Percent of Initiates)
1.5%
<12
67%
12-17
26%
18-25
5.5%
>25

We know more about
The Impact of
Recovery Support
Motivational Enhancers
Systems Navigators

Judicial monitoring

+

Recovery Support Specialist

=

Positive Outcomes

We know about

# Family Drug Court Outcomes

## Outcomes

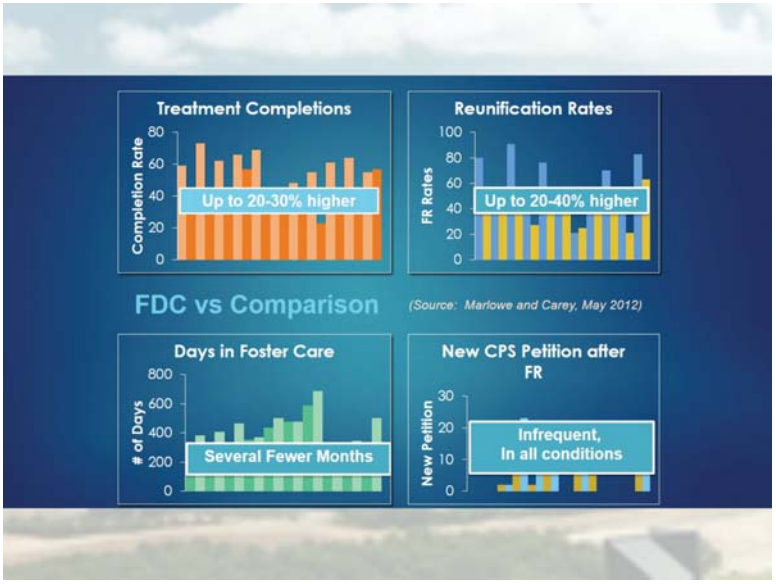
- HIGHER TREATMENT COMPLETION RATES
- SHORTER TIME IN FOSTER CARE
- HIGHER FAMILY REUNIFICATION RATES
- LOWER TERMINATION OF PARENTAL RIGHTS
- FEWER NEW CPS PETITIONS AFTER REUNIFICATION
- COST SAVINGS PER FAMILY

COST SAVINGS PER FAMILY

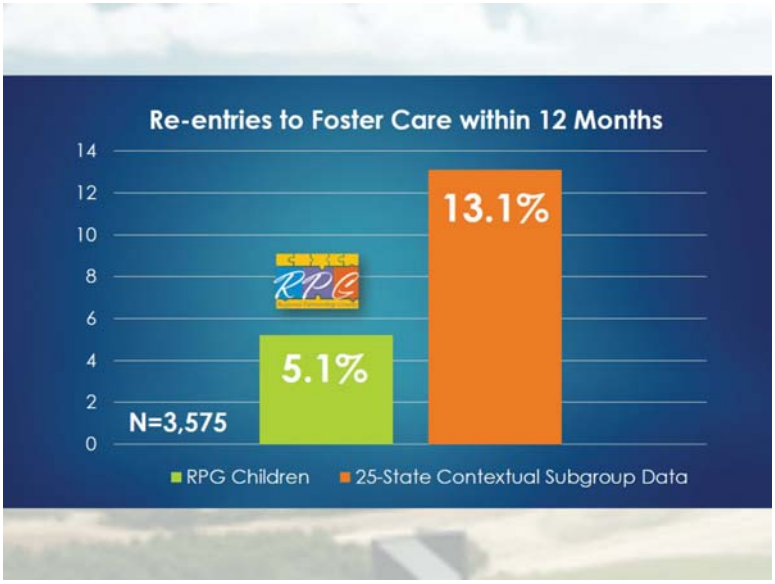
## FDC Local Evaluations

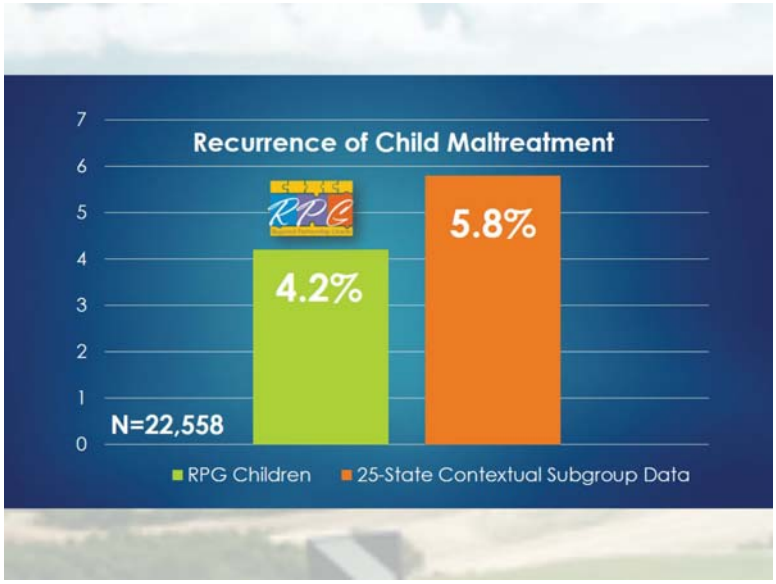
11 FDC Sites (N= FDC, Comparison)

(Source: Marlowe & Carey, May 2012)

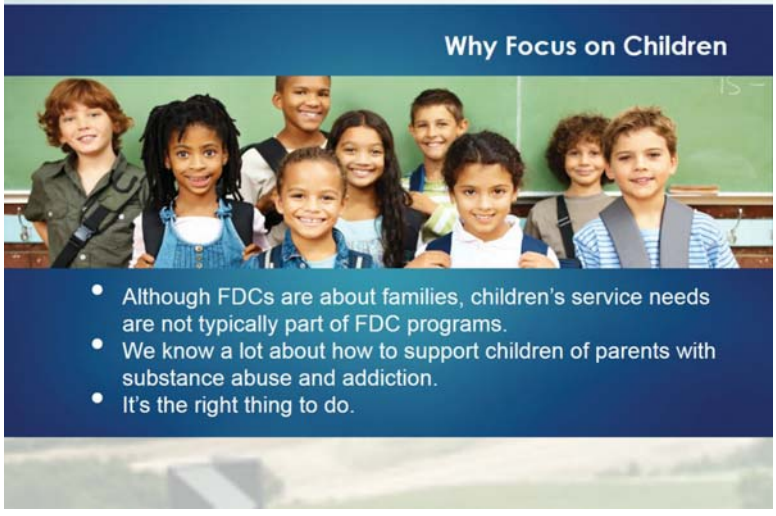


**$5,022** Baltimore, MD *Burrus, et al, 2011*
**$5,593** Jackson County, OR *Carey, et al, 2010*
**$13,104** Marion County, OR *Carey, et al, 2010*


Re-entries to Foster Care within 12 Months
14
12
10
8
6
4
2
0
5.1%
13.1%
N=3,575
RPG Children
25-State Contextual Subgroup Data


Recurrence of Child Maltreatment
7
6
5
4
3
2
1
0
4.2%
5.8%
N=22,558
RPG Children
25-State Contextual Subgroup Data

We are learning more about
Serving Families
Serving Children


Why Focus on Children
Although FDCs are about families, children's service needs are not typically part of FDC programs.
We know a lot about how to support children of parents with substance abuse and addiction.
It's the right thing to do.

## FDC Practice Improvements

*Approaches to child well-being in FDCs have changed.*

In the context of the parent's recovery → Family-Centered Treatment → Child-focused assessments and services

## Children Affected by Methamphetamine Grant Program

3,213 **Children**
1,972 **Adults**
1,496 **Families**

*Data Upload – June 2013*

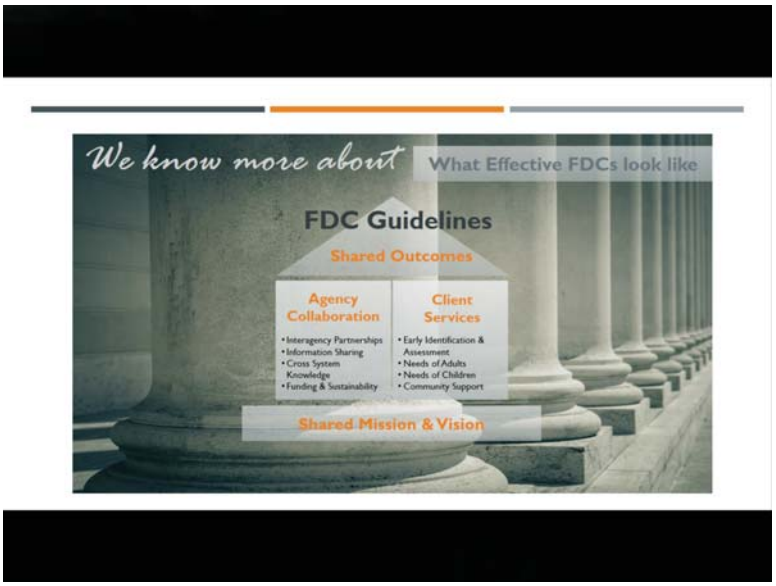
*Six of 12 CAM Grantees - California*

## Children Affected by Meth Grants (CAM)

- **Funded by SAMHSA** to focus on expanding and/or enhancing **services to improve the well-being, permanency, and safety outcomes of children**
- **12 Grantees** awarded; $1.4 million over 4 years
- **Wide range** of program designs and program strategies
- Designated Services Coordinator
- Evidence Based Practices

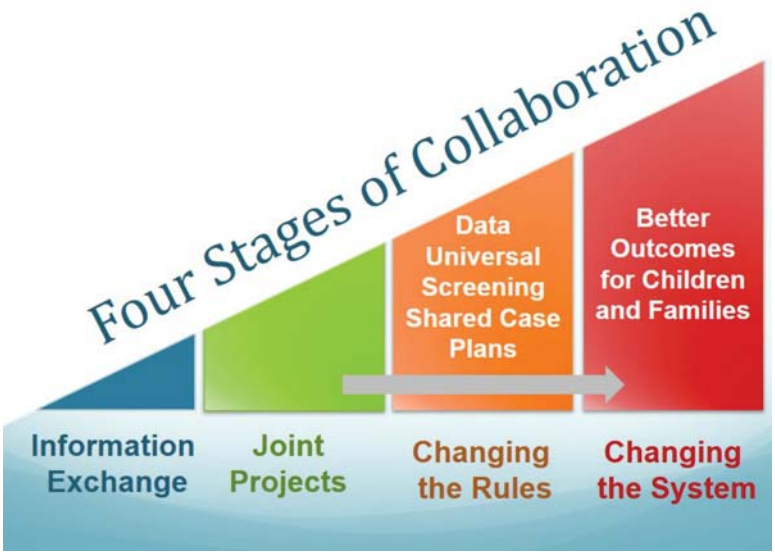
## Challenges Being Addressed by CAM Grantees

- Parents need understanding and skill to meet children's needs
- Children need comprehensive assessments and services
- Parents and children need assessments and services to address trauma and relationship issues
- Families need access to supportive services following reunification


We know more about
What Effective FDCs look like
FDC Guidelines
Shared Outcomes
Agency Collaboration
• Interagency Partnerships
• Information Sharing
• Cross System Knowledge
• Funding & Sustainability
Client Services
• Early Identification & Assessment
• Needs of Adults
• Needs of Children
• Community Support
Shared Mission & Vision

2013
We can no longer say
"We don't know what to do."

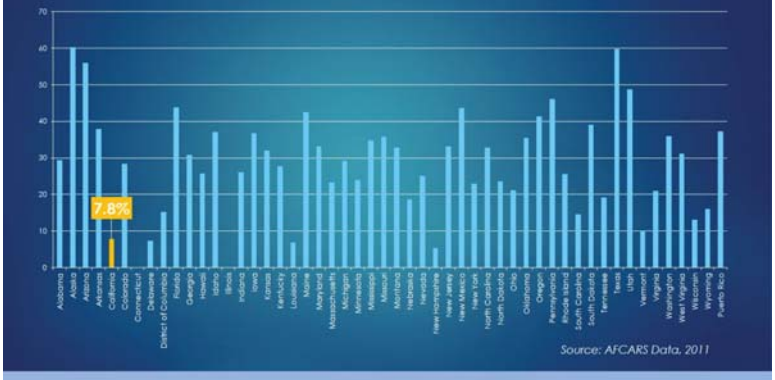
The Challenges &Opportunities Ahead


Four Stages of Collaboration
Information Exchange
Joint Projects
Data Universal Screening Shared Case Plans
Changing the Rules
Better Outcomes for Children and Families
Changing the System

## Opportunities for Changing the System

## How will FDCs respond?

## Parental AOD as Reason for Removal 2011




Source: AFCARS Data, 2011

## Prevalence Rate

Do we care enough to count?

Where does the FDC fit in the larger system?

In most states with multiple FDCs, the average serves 50 or less clients

- There are 38 FDCs in California
- 50 clients x 38 FDCs = 1900 parents
- 1900 parents x 1.75 = 3,325 children
- 3,325 children/ 59,000 children in Out of Home Care* = 5.6%

* CMS/CWS - July 1, 2013

What about the other 90-95% of families?
What happens to them?

## Affordable Health Care Act

## Better Prospects for Funding

# ACCESS

Earlier access results
in better treatment outcomes

How will you ensure immediate access?

# PARITY and Priority

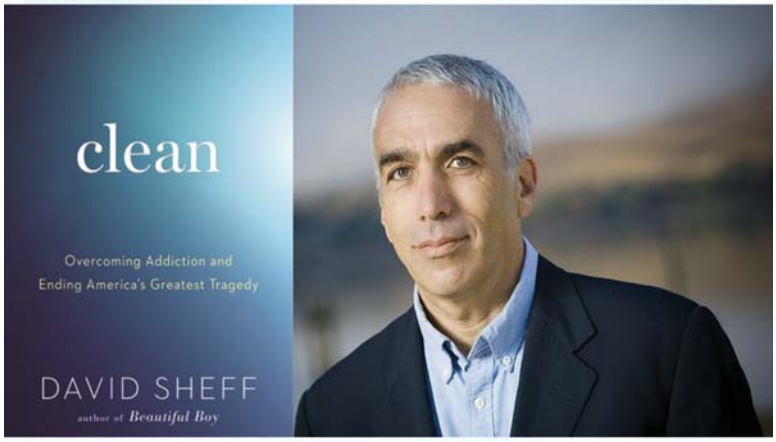
- Paul Wellstone Act (2008) - requires insurance coverage on part with primary health
- Substance Abuse and Prevention Block Grant Prevention
- Priority populations - pregnant women, IV drug users, HIV

How will you ensure CWS families achieve parity and be included?

## How will you monitor outcomes? Keeping a Dashboard

- Timely access into treatment
- Length of stay in treatment
- Successful completion of treatment goals

Resources
Next Steps


clean
Overcoming Addiction and
Ending America's Greatest Tragedy
DAVID SHEFF
author of Beautiful Boy

• Find out your CWS penetration rate
• Conduct a client walk-through and drop-off analysis
• Monitor treatment and CWS outcomes
Next Steps

You can do it – we can help: TA resources
Guidelines & Facilitators Guide
FDC Learning Academy Webinars
State Drug Court Guidelines
Collaborative Tools – CFF and NCSACW
Please contact us: fdc@cffutures.org

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