

THE IMPACT OF EARLY CHILDHOOD TRAUMA ON RISK TAKING, DELINQUENCY AND VICTIMIZATION

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HURT PEOPLE HURT PEOPLE. THAT'S HOW PAIN PATTERNS GETS PASSED ON, GENERATION AFTER GENERATION. BREAK THE CHAIN TODAY. MEET ANGER WITH SYMPATHY, CONTEMPT WITH COMPASSION, CRUELTY WITH KINDNESS. GREET GRIMACES WITH SMILES. FORGIVE AND FORGET ABOUT FINDING FAULT. LOVE IS THE WEAPON OF THE FUTURE.

~ YEHUDA BERG

AGENDA

- Overview of Trauma Theories
- Cycle of Trauma
- Trauma Informed Strategies


TRAUMA THEORIES

- Attachment
- Polyvictimization
- Fragmentation of Developing Self

ATTACHMENT

<ul style="list-style-type: none"> ■ Secure 	<ul style="list-style-type: none"> ■ Anxious 
<ul style="list-style-type: none"> ■ Dismissive 	<ul style="list-style-type: none"> ■ Fearful 

POLYVICTIMIZATION

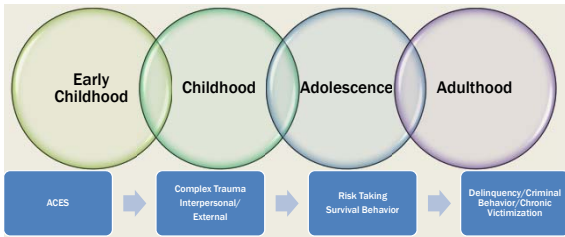


Hamby & Grych, 2013

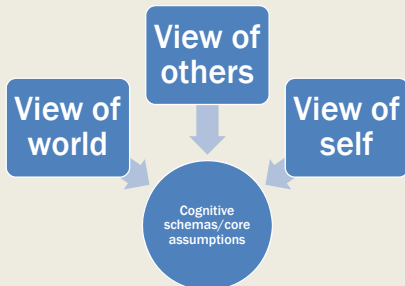
FRAGMENTATION OF DEVELOPING SELF

- Personality Development
 - Borderline
 - Anti Social

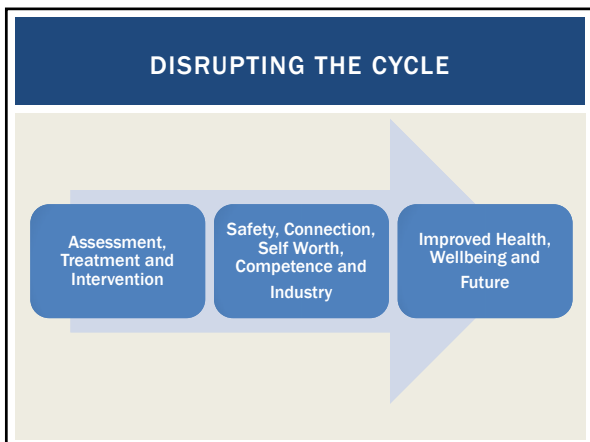
DEVELOPMENTAL CYCLE OF TRAUMA



TRAUMA RESPONSE/LESSONS



Janoff and Bullman, 2010



- STEPS**
1. Address immediate needs first.
 2. Develop a collaborative plan.
 3. Expectations and supports.
 4. Effective services.
 5. Follow up, reinforcement and praise.
 6. Completion.

- PROGRAMS AND SERVICES NEED TO INCLUDE:**
- Youth need to be respected, informed, connected and hopeful in their own recovery
 - The interrelation between trauma and symptoms of trauma such as substance abuse, eating disorders, depression, and anxiety
 - The need to work in a collaborative way with survivors, family and friends of the survivor, and other human services agencies in a manner that will empower survivors and consumers
- *SAMSA

Thank You!

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