

# Enhancing Safety and Accountability: Incorporating Risk Assessment into Domestic Violence Cases

Beyond the Bench San Diego, CA December 16, 2019

### **Welcome and Introductions**

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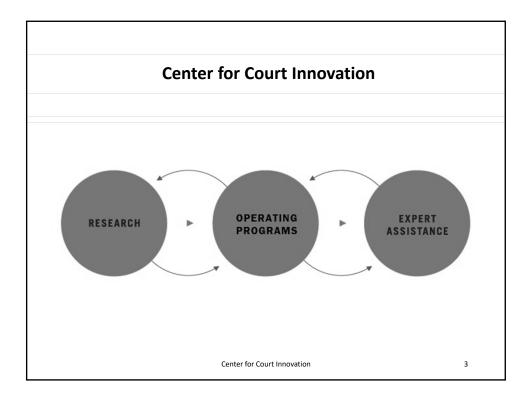
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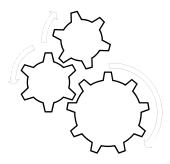
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# **We Promote**

- Court and Community Collaboration
- ▶ Judicial Leadership
- ► Survivor Safety and Well-Being
- Access to Justice
- Offender Engagement and Accountability
- ► Trauma Informed Responses



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# **Domestic Violence Dynamics, Risk** and Lethality

10:15 am-11:15 am

# Recognizing and Responding to the Dynamics of Domestic Violence

### **Small Group Exercise**

You will receive a slip of paper with a behavior and subsequent question under it.

Please discuss the question with your group.

# **Large Group Debrief**

- ► Reads partner's email.
- ► Hits wall next to partner's head.
- ► Pressures partner to have sex.
- ► Checks money in partner's wallet.
- ► Tells a close friend partner is abusive.
- ► Gives away the family pet.
- ▶ Posts loving messages on social media.

# **Context Is Everything**

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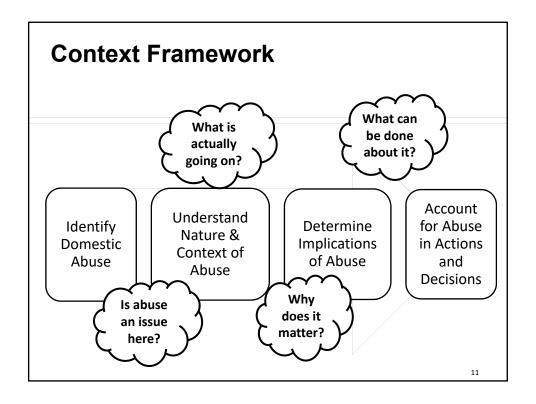
# **Context means:**

**INTENT** 

**MEANING** 

**EFFECT** 

WHO is doing WHAT to WHOM and with what IMPACT?



# **Context**

- ► Not meant to excuse abusive behavior
- ► Context determines the appropriate interventions and safety planning

### **Context is critical**

Failing to distinguish one kind of domestic abuser from another can:

- ► Endanger victims of ongoing violence
- ► Embolden perpetrators of ongoing violence
- ► Place children at risk

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# **Understanding Context in Criminal & Family Law Cases**

- ▶ What is on the petition/complaint?
- ► What is NOT on the petition?
- ► Why does context matter?

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# How do we determine the context for this act of violence?

- ▶ Information from Parties:
  - ► History of violence
  - ► Existence of pattern of intimidation and threats
  - ▶ Intent and meaning of violence to victim
- ▶Information from others:

Review of police reports

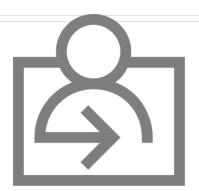
Risk assessment

What else?

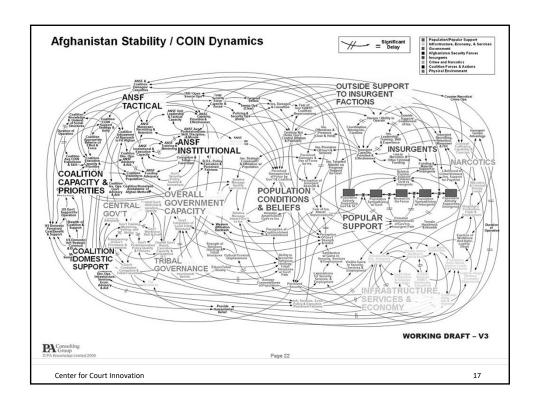
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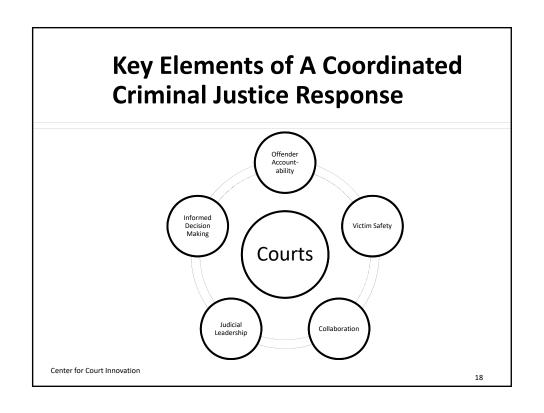


# How Can Courts Respond?



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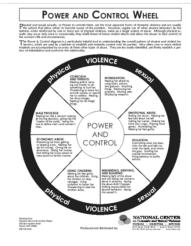


### Goals of Justice Intervention in Domestic Violence Cases

- ▶ Stop the violence
- ► Protect the abused party/children
- ▶ Protect safety of family members and public
- ► Hold perpetrator accountable
- ► Educate the perpetrator
- ➤ Stop emotional, financial and physical abuse used to control and coerce victims/children
- ▶ Break intergenerational cycle of violence
- ► Convey to public that DV is a crime and not a "private family matter"

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# One Way To Think About It: How Can the Court Respond to the Dynamics of Domestic Violence?



- ► It's a complex pattern of behaviors
- ➤ Sometimes difficult to determine actual dynamics between parties
- ▶ Behaviors gain their meaning from the context that supports the behavior.

# **Responding to Intimidation**

- ► Provide a safe waiting area for complainants to minimize contact with respondent/defendants; call cases quickly
- ▶ Monitor respondent/defendants for any intimidating behavior in the courtroom (inc. nonverbal) → put on the record
- ► Encourage DV training for court staff, including security personnel
- ► Impose sanctions for violations
- ▶ Consider phone hearings
- ► Encourage use of counsel/advocates

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## **Responding to Emotional Abuse**

- ▶ Supportive judicial demeanor; aware of courtroom dynamics
- ▶ Don't allow name-calling or disparagement of parties by each other or attorneys
- ▶ Understand that emotional abuse can be the most damaging to victims
- Cultural considerations and LGBT issues
- Don't accept excuses or blame the victim
- ▶ Don't allow joking in the courtroom by respondents or court personnel

# Responding to Children's Exposure

- ► Consider requiring participation in parenting program about impact of DV on children
- ► Consider including children & their schools on protective conditions and orders as needed
- ► Communicate with Family Court re: cases for custody and/or visitation
- ► Inquire about whether children were present during the incident → educate all about impact of DV on children
- ► Consider ordering Supervised Visitation

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# **Responding to Economic Abuse**

- ► How can economic abuse manifest? What are appropriate responses?
- ► Consider support where appropriate
- ► Non W-2 wager earner issues
- ▶ Victims may be contact advocates for assistance:
  - housing & shelter
  - public benefits

# **Responding to Coercion & Threats**

- ► Assess risk factors for escalation of violence & lethality; risk increases at separation and after job loss
- ► Monitor respondent/defendants' compliance with court orders
- ► Communicate with other courts to prevent inconsistent orders and conditions; review op registry
- ▶ Prioritize victims' safety throughout the court process

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# Responding to Isolation

- ► Provide DV resource information in your courtroom in a way that is safe for victims
- ► Connect victims with needed services
- ► Understand victim services available in community: court accompaniment & advocacy programs

# What Does California Law Allow You to Consider?

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# Intentionally or recklessly cause/attempt bodily injury Sexual assault Create reasonable apprehension of imminent serious bodily injury

# Abuse, cont'd – Behavior Enjoined by (FC § 6320)

No molest, attack, threaten, harass, stalk

No destruction of property

No contacting - calls, letters etc

No disturbing the peace of

Stay away

No credibly impersonating/falsely personating

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# **Disturbing the Other Party's Peace**

► FC § 6320(a) – "The court may issue an . . . order enjoining a party from . . . disturbing the peace of the other party . . . ."

# **Disturbing the Peace**

### Nadkarni (2009)

 Accessing, reading, disseminating ex-W's private emails could = "destroying her mental or emotional calm" and trial court should have permitted hearing

### Evilsizor v Sweeney & Altafulla v Ervin (2015)

 Disclosing someone's intimate details can = disturbing the peace; first amendment does not protect

### Burquet v. Brumbaugh (2014)

DVPA disturbing the peace has no relation to PC § 415

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# **Disturbing Peace of Others**

### Gao v. Xiao (2014)

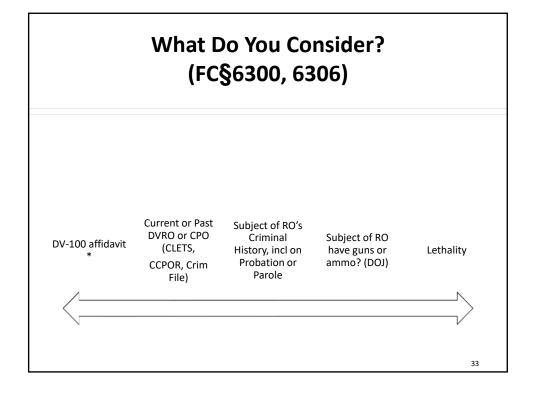
 Abuse of child could disturb a parent's peace, so hearing on DVRO request should have been permitted

### People v. Kovacich (2011)

 Criminal case: evidence that defendant abused dog in front of wife and child could be abuse under DVPA and was therefore property permitted in evidence

### Perez v. Torres-Hernandez (2016)

• F's abuse of children during parenting time implicates FC 6203 "reasonable apprehension of imminent serious bodily injury to that person or another."

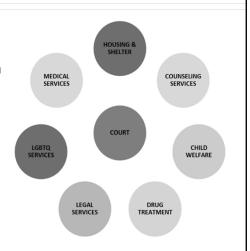


# Making the most informed decisions

- ► Respondent/Defendant assessment and placement
- ► On-going monitoring
- ► Intensive supervision/probation
- ► Reports from victim advocates
- ► Reports from programs
- ► Technology systems can help

# Linking Victims/Respondents to Services

- Map community resources to address victim/defendant needs
- Consider proportionality when determining the length of engagement
- Broker partnerships with trauma-informed and evidence-based programs
  - Seeking Safety
  - Trauma-Focused CBT
  - Risking Connection
  - See: SAMSHA's National Registry of Evidence-Based Programs and Practices



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# Collaboration and Capacity Building: Who Should be at the Table COURTS SERVICES PROVIDERS / ADVOCATES CHILD WELFARE ATTORNEYS ATTORNEYS

# **Small Group Exercise: Matt and Souyoup**

- ▶ What domestic violence tactics is Matt using?
- ▶ What concerns for Souyoup do you have?
- ► How would you handle these concerns?

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# Domestic Violence Dynamics: Thinking about Risk and Lethality





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# Break 11:15-11:30



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# **Risk Assessment and Tools**

11:30-12:30

# Why Should We Care About Risk?

- ▶ Reduce Recidivism: Use risk information to adjust the intensity of the justice system's response to the offender.
- ► **Help Victims:** Promote service linkages & safety planning especially for victims facing high (or moderate) future risk.
- ► Flag Lethality: Initiate multi-pronged response if an assessment identifies lethality risk in DV cases.

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### What is Risk?

- ► Risk = Risk of Re-Offense
- ► Classic Ways of Operationalizing Risk:
  - ▶ General Risk: Likelihood of any re-offense.
  - ▶ Risk of Violence: Likelihood of violent felony re-offense.
  - ▶ Risk of Domestic Violence: Likelihood of future DV.
  - ▶ Risk of Lethality: Likelihood of future (DV) homicide.
- Classifying Risk: Low, moderate, high; or in 5 categories: low, low-moderate, moderate, moderate-high, and high.
  - ▶ More to come on unique elements of domestic violence risk

### Information on Risk and Need

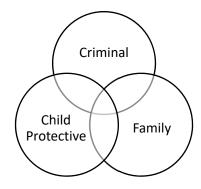
- General: "Central Eight" Criminogenic Factors:
  - 1. History of criminal behavior (STATIC)
  - 2. Antisocial personality
  - 3. Criminal thinking (anti-social beliefs and attitudes)
  - 4. Antisocial peers
  - 5. Family or marital problems
  - 6. School or work problems
  - 7. Lack of pro-social leisure/recreational activities
  - 8. Substance abuse

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- DV Specific Risk Factors:
  - Recidivism
  - Lethality

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# What is Risk in Domestic Violence Cases?



- ► How do our different systems define it?
- What are the risks to the victim posed by the system?

# 3 RISKS for a Parent seeking help

- **▶Batterer** risks use Assessment tools
- ►**Life** Risks use Community Resources
- ▶ **Institutional** risks ? What?

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### **Institutional Risks**

- ► Family Court versus Child Welfare ("failure to protect") versus Criminal Court
- ▶ Protective Orders v. need for Financial support
- ► Family Court "Values" and "Myths" at work
- ► Custody evaluators, OCRs, Attorneys, Judges not understanding dynamics, not understanding risks to children

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# What Do We Know about Domestic **Violence Risk and Fatality?**



**Q: THE HOME IS THE MOST VIOLENT PLACE IN** AMERICA.

True or False?

### TRUE.

- ▶ 27% all violent crime = FAMILY ON FAMILY
- ► YET, crime stats under-report home violence.....

  Estimated

< 5% all D.V. results in a police report

KOOP et al 1992; HOROWITZ et al 1995, STRAUS, 1974

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# Q: A Woman is most at Risk *before* she leaves for safety.

► True or False?

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### FALSE.

- ► Most at risk <u>AFTER</u> separation
- ▶75% Women killed while TRYING TO LEAVE or AFTER leaving
- ▶88% of those killed STALKED first
- ▶80% of those killed prior DV incidents

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# **Stalking via Child Contact**

- ► Child contact 'visitation', custody litigation, continual violations of parenting court orders
- ➤ This is the most common context for re-assault postseparation (Stark, 2009); & if stalking alleged, there are more frequent Order violations
- ► Children become the 'proxies' for control of survivor-parent
- ► Controlling parent feels entitled, superior

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# What are you seeing? What are some challenges? Instagram OCO Instagram Instagram OCO Instagram In

# **Cyberstalking: The Reality**

- ▶ 90% of 18-29 year-olds use social media;
- ► Many teens experience power and control patterns in their technology relationships;
- ► Social media may lead to normalization of DV

# Q: Most BATTERED WOMEN DO NOT WANT TO BE RESCUED.

► True or False?

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# **TRUE**

- ► Most "just want it to stop"
- ► Want quick and effective intervention to PREVENT repeat & keep their children safe
- ► Will usually take her **5-7 YEARS** to leave or stop the violence WHY?

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# Q: A GUN in the Home increases the Risk of Homicide.





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# **TRUE**

▶ Presence of a gun in a domestic violence situation increases homicide risk for women by 500%.

American Journal of Public Health 2003, Campbell et al

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# Firearms and D.V: a quick look at numbers --

- ABOUT 40-50% OF ALL FEMALE MURDERS- COMMITTED BY INTIMATE PARTNER [Amer J of Public Health, 2003]
- GUNS are used in 2/3 of ALL DOMESTIC HOMICIDES- the MOST COMMON form of death - [U.S. Dept. of Justice]
- Women in the US are 11 times more likely to be killed with a gun than in other high-income countries [J of Trauma, 2011]
- States with background checks for all handguns 38% fewer firearm deaths [Violence Policy Center, Washington DC 2012]

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### Firearms + THREATS = <u>SERIOUS</u> Risk Factors

- ► WOMEN THREATENED verbally with murder → 15 x MORE LIKELY TO BE MURDERED
- ► WOMEN THREATENED with a GUN → 20 x MORE LIKELY TO BE MURDERED
- ➤ 7th leading cause of premature death in women [#1 for African-American women ages 15-34]

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# "Choking" is a serious incident?

► Yes or No?

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# Extremely serious! But Lack of Understanding

- ➤ Victim of just 1 strangulation event = 700% more likely to be victim of attempted homicide
- ► AND 800% more likely to be a homicide victim by the same partner
- ➤ YET, visible injuries present in only about 50% of strangulation cases Victims and Responders (Law, Health, Police) all underestimate
- ▶ Even those that result in death
- ► Serious injuries brain damage,
- ► Strangulation is highly gendered crime 99% by men
- ▶ Seen in police killers and mass shooters

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# Strangulation = Power and Control

- ► "the last warning shot"
- ► Most abusers do not strangle to kill
- ► They strangle to make a point:
  - "I have the power to kill you, and I can/will"
- ► "The most dangerous DV offenders strangle their victims." Casey Gwinn

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### Some of the latest research..

- ► Lasting 'invisible' brain injuries often go unrecognized
- ➤ 2019 Study Ohio (J of Aggression, Maltreatment & Trauma) found:
  - ▶ 81% women suffered head injuries
  - ▶ 83% women have been strangled
- ► Repeated head injuries memory loss, loss of motivation, anxiety, trouble with processing, hearing, vision
- ► TBI anger, not showing for appointments, confused thinking

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# And the CHILDREN....?

# 25% OF DOMESTIC HOMICIDES have been witnessed by the Victim's Child

DOYNE, BOWERMASTER, & MELOY (1999)

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# **Domestic Violence Frequency**

DV households - equally across all ages of childhood?

TRUE OR FALSE?

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FALSE – It occurs MORE frequently in homes with children ages **5 or younger** 

[TAYLOR, ZUCKERMAN, HARIK, AND GROVES (1994)]

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### Co-Incidence of DV & Child Abuse

AN OVERLAP OF **30 – 60 %** VIOLENCE AGAINST WOMEN → AGAINST CHILDREN IN THE SAME FAMILY...

& the most severe = greatest likelihood

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# **Lethality Risks for Children**

- ▶ Review of the results from Death Review Committees across multiple countries – 2017 publication: *Domestic* Homicides and Death Reviews
- ► When an ADULT is in DANGER, CHILDREN are equally in danger
- ► Overall finding children can be at severe risk from DV
- ► Risk of DEATH and
- ► Risk of irreversible TRAUMA

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# DOMESTIC VIOLENCE Factors Associated with Increased Risk of Lethality

- ► Increase in physical violence over the past year
- Respondent/Defendant owns a gun
- ► Use or Threatened use of lethal weapon
- ► Separation within the past year
- ▶ Unemployment
- ▶ Strangulation
- ▶ Jealousy
- ► Controlling behavior

- ► Drug/Alcohol Abuse
- ► Abuse During Pregnancy
- ► Child Abuse Threats
- ► Child that is not the biological child of the defendant/respondent
- ▶ Stalking
- ► Avoidance of Arrest
- Victim Belief that defendant/respondent is capable of killing him/her

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# **DV Specific Recidivism Factors**

- ▶ Prior DV related incidents/violations of OPs
- ► Violence towards family members
- ► Suicidal/homicidal
- ► Access to firearms/use of weapons
- ► Obsession with victim
- ▶ Victim fear of re-assault
- ► Attitudes that condone DV
- ► Recent separation
- ► Failure to complete a mandated batterer program

"The majority of victims or perpetrators (up to **83%**) or both had contact with criminal justice, victim assistance, and/or health care agencies in the year prior to the homicide....

This indicates **opportunities** for prevention by identification of women at risk and appropriate intervention."

Campbell, Ph.D., R.N., F.A.A.N., Johns Hopkins University, Intimate Partner Homicide: Review and Implications of Research and Policy

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#### Reminder of the Challenge

Dr. Campbell's research:

Victims rarely over-estimate the level of risk they face but often under-estimate it

### Looking For Tools: "Prediction is very difficult – especially about the future"

#### **Neils Bohr**



#### Yogi Berra



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#### **Limitations and Benefits of Risk Assessment**

#### **Limitations**

- ► Retrospective rather than prospective studies
- ► Propensity towards "false positives"
- ► Risk is dynamic rather than static
- ► Potential for Racial Bias

#### **Benefits**

- ► Development of common language across systems
- ► Assists in the prioritization of limited resources
- ► Assists with safety planning strategies may saves lives

#### **Scientific Considerations**

- ➤ Validity: Do the resulting risk scores & categories significantly predict rearrest? (Do "high risk" defendants have significantly higher re-arrest rates than "low risk" defendants?)
- ► **Equity:** Does validity differ by gender or race/ethnicity? And, does the tool have a disparate <u>impact</u>—Are people from some groups more likely to be incorrectly classified as high risk?
- ► **Reliability:** Do different people administering the same assessment obtain the same results?
- ► Local Validation: Has good validity, equity, & reliability been demonstrated with the relevant local population?

#### **CONTEXT of Risk Assessment**

- ► WHO is doing the Assessment?
- ► With WHOM?
- ► For WHAT purpose?

HELPS DRIVE the Answer to WHICH Instrument?

#### **Overview of Existing Assessments**

#### **Lethality Assessment**

- Danger Assessment
- LAP

#### **Recidivism Assessment**

- Ontario Danger and Risk Assessment
- Domestic Violence Severity Instrument-Revised
- Sexual Assault Risk Assessment

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#### So What About the Courts?

- ▶ What makes Court's role different?
- ► What is current practice?
- ▶ What are best practices?



#### **Key Issues for assessing risk from the Bench**

- ► Assessment instruments should never be used to DENY a petition.
- ▶ Risk is DYNAMIC over the life of the case system responsiveness lag
- ► Informed Decision-Making: gathering information from as many sources as possible
- ➤ Victim input is crucial—how do we safely get that information to the court?

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# Who can help get information to the judge?

- ▶ Role of Court Staff or other pre-petition assistance
- ► Information-gathering
  - ▶ Victim Advocates
  - ► Attorneys
  - ► GALs
  - ► Supervised Visitation Centers
  - ► Court ordered evaluations
  - ► Other Courts

# **Assessing Risk in the Civil Context: National Strategies**

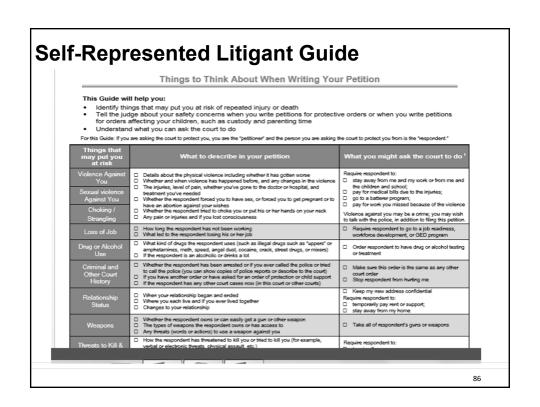
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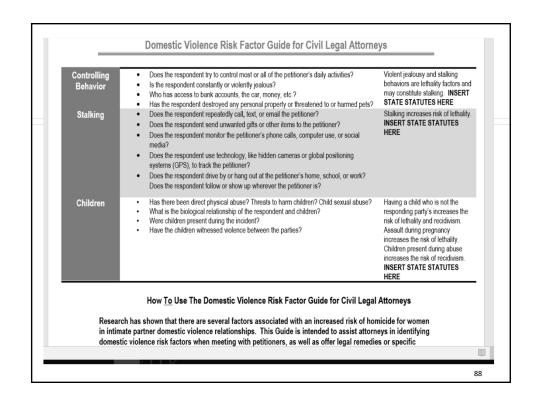
# Strategies in New York State

- Understanding Risk Factors
- Understanding what legal remedies can respond
- Service Providers

Risk Factor	What to Look For	Legal Context
Context of Violence	Was this the first time that something like this happened? If not, what happened before? How long ago? What was the worst or most serious thing that happened? Medical treatment needed? Has the physical violence increased in frequency or severity over the past year? Is there a recent loss of employment?	Use of some illegal drugs; increased severity/ frequency of violence; unemployment increase lethality and recidivism. INSERT STATE STATUTES HERE
Substance Abuse/Menta I Health	Is there a history of substance abuse or mental health concerns?	INSERT STATE STATUTES HERE
Criminal and Family Court History	Criminal and Family Court check, OP registry, sex offender registry     Pending or prior Orders for Protection     Pending order of Support	Prior OPs/criminal history can be a risk factor for re-offending INSERT STATE STATUTES HERE
Relationship Status	<ul> <li>When did the relationship begin? When did it end?</li> <li>Where does each party live? Did they live together, if so when?</li> <li>Are they recently separated?</li> </ul>	Separation within the past year increases risk of lethality and recidivism. INSERT STATE STATUTES HERE
Firearms/ Weapons	Does respondent have access to a firearm or weapon?     Is there a firearm or weapon in the home?     Has the respondent ever used or threatened to use a weapon against the petitioner?	Respondent access to firearm and use or threatened use of lethal weapon increases lethality risk INSERT STATE STATUTES HERE
Strangulation	Has respondent ever attempted to strangle or choke the petitioner?	Strangulation increases lethality. INSERT STATE STATUTES HERE
Threats to Kill/Suicide	Has respondent ever threatened to or tried to kill the petitioner?     Has the respondent ever threatened to or tried to commit suicide?	INSERT STATE STATUTES HERE
Sexual	<ul> <li>Has respondent forced the petitioner to have sex?</li> </ul>	INSERT STATE STATUTES



#### **Domestic Violence Risk Factor Guide for Civil Attorneys** Domestic Violence Risk Factor Guide for Civil Legal Attorneys What Can the Client equest: Legal Conte Increased severity and/or frequency of violence; unemployment increase the risk Details about the physical violence including whether it has gotten worse What was the most recent incident? Has violence occurred before and when? What was the worst incident? Have there been any changes in the violence? Did the victim sustain any injuries? For each one, how much did it hurt/level of pain, did the petitioner go to the doctor or hospital, and was treatment needed? INSERT STATE STATUTES HERE Has the respondent avoided being arrested for domestic violence in the past, ie, left the scene before police arrived? Are there prior criminal cases of any kind? Prior OPs/criminal history are risk factors for recidivism. Avoiding arrest is a lethality factor. INSERT STATE STATUTES Are there any violations of prior orders of protection? INSERT STATE STATUTES HERE. Include ability to conduct: Criminal and Family Court check, OP registry, sex offender registry for pending or prior cases/orders. Use of some illegal drugs and excessive drinking increase the risk of lethality and recidivism. INSERT STATUTES HERE Unemployment or illegal Are there other civil cases alleging domestic violence? How many times has the petitioner called the police? Does the petitioner have copies of police reports? Is there a history of substance abuse or illegal drug use by the respondent? What kind of drugs does the respondent use (such as illegal drugs including "uppers" or amphetamines, meth, speed, angel dust, cocaine, crack, street drugs, or mixets) is the respondent dependent on alcoholic or a frequent drinker? Is the respondent purposefully unemployed or under-employed? Did the respondent recently lose his/her job? How long has the respondent not been working? Unemployment or illegal employment increases the risk of lethality and recidivism. INSERT STATE STATUTES HERE What led to the respondent losing his or her job?



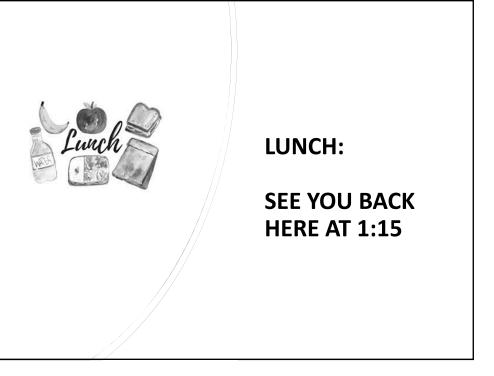
#### Bench Guide for Recognizing Dangerousness in Domestic Violence Cases By Jacquelyn C. Campbell, Ph.D. RN, FAAN and Hon. Sharon A. Chatman, Superior Court of California, County of Santa Clara This tool is a research-hased bench guide for use by judicial officers at all stages of judicial proceedings involving allegations of domestic violence and orders of protection in civil and criminal domestic violence cases. Recarch has groven that there are several factors associated with an increased risk of homicides (munders) of women in intimate partner domestic violence relationships. This bench guide is not intended to predict what will happen in any given case; it is an informational tool for your consideration as you rive a case and become aware of the extent to which the evidence reveals how many lethality factors (danger of homicide) are present. This bench guide is not a substitute for judicial experience, knowledge, and skills. Pending/Prior. □ Emergency Protective Order □ Criminal Protective Order □ Crivil Protective Order □ Criminal History Check □ Registered Firearms Check Lethality Factors Lethality Factors Yes No Does the alleged perpetrator use any of these illeged druge. "upper" or amphetamines, Moth, speed, angel dust, occaine, "crack," street drugs, or misers? Yes No I be alleged perpetrator an atoubolic or problem drinker? Yes No Does the alleged perpetrator use from sor all of the alleged victim's daily activities? (i.e., list victim when to see friends or family members or how much money to spend) **Strategies** Has the physical violence increased in in severity or frequency over the past year? Has the alleged victim left the alleged perpetrator after they lived together during the past year? Yes No **California** No Is the alleged perpetrator violently and constantly jealous of the alleged victim? (i.e., Is the alleged perpetrator unemployed? No 18 the angigot per persons remained in the constantly joined on the alteged victim? (i.e., "It can't have you, no one can.") No 18 the alteged victim been beaten by the alteged perpetuator while preputure. No 18 the alteged perpetuator ever threatened to have the alteged perpetuator ever threatened to have the alteged victim believe that the alteged to have the alteged victim believe that the alteged to have the alteged victim believe that the alteged victim is provided to have the alteged victim believe that the alteged victim is altered to have the alteged victim believe that the alteged victim is altered to have the alteged victim believe that the alteged victim is altered to have the alteged victim believe that the victim b Has the alteged perpetrator ever threatened to kill the victim? Has the alteged perpetrator avoided being arrested for domestic violence? Does the alteged victim have a child that is not the alteged perpetrator's child? Has the alteged perpetrator forced the perpetrator is capable of killing her/him? Does the alleged perpetrator follow or spy on alleged victim to have sex when the victim did not want to? the alleged victim, leave threatening notes or messages, destroy personal property or make NOTES: 89

## **Best Practices for Risk Assessments in a Court Setting**

- ► Improve the quality of information coming from petitioner to the Court
- ► Improve the quality of information going to Petitioner about risk factors
  - ► <u>Guide</u> which improves the likelihood that petitioners will know what matters to the court
  - ► <u>Education</u> of all practitioners who interact with petitioners and complaining witnesses
  - ▶ <u>Judges as leaders</u> gathering information, connecting risk factors to the appropriate protective remedies available by statute

#### **TAKING IT HOME**

- ▶ Examine current practice/court culture/community practice
- ► **Decide** what info you are getting, what info you want and for what purpose
- ► Examine Statutory Framework
- ► Partnerships are key:
- ► Convene, include key stakeholders



#### EFFECTS OF DOMESTIC VIOLENCE ON THE FAMILY: ACES, TOXIC STRESS AND TRAUMA

Hon. Janice M. Rosa JSC (ret), New York ~ PureSupport

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#### **Child Trauma and DV**

~ 60% American children can expect to have their lives touched by violence.

2012 US Atty General Task Force on Children Exposed to Violence

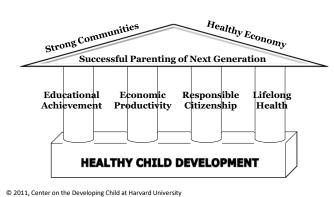
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## "Just the facts"...

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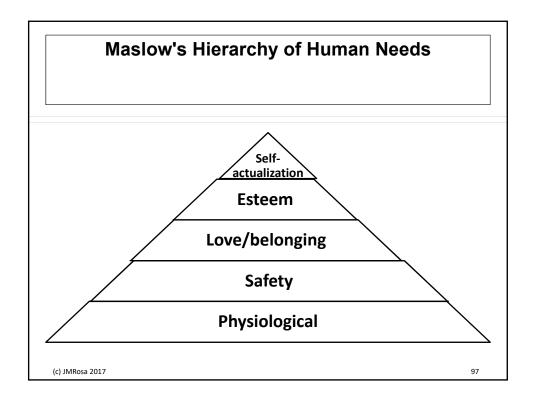
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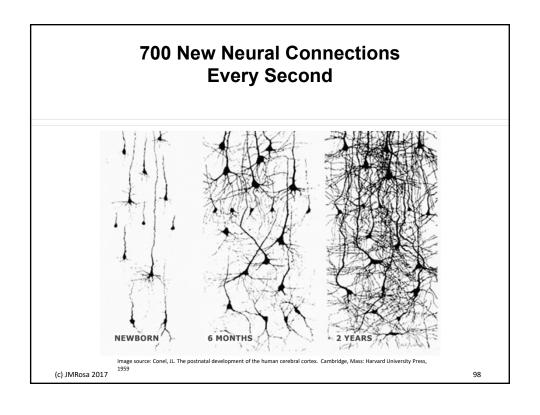
## The Foundation of a Successful Society is Built in Early Childhood



- ----, ---------,

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## Child Trauma/ Toxic Stress

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#### **Trauma**

- ► Results from an event, series of events, or set of circumstances, that is experienced by an individual as physically and emotionally harmful or threatening.
- ► Trauma can be acute—caused by one incident, or it can be chronic—caused by repeated traumas.
- ► Most children (66 percent) grow up with some level of trauma.

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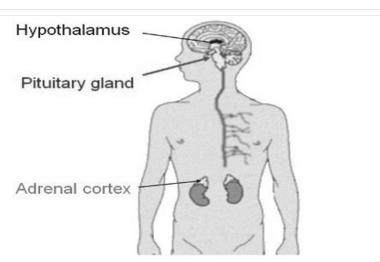
#### **Trauma**

- ▶ Natural Causes flood, earthquake, hurricane, etc
- ► Personal Assault, Rape, Murder, War
- ► Workplace/Neighborhood Threats, Witnessing, Attacks
- ► Systemic Racism, Sexism, Homophobia
- ▶ Institutional Court systems, Agencies, Community

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#### HPA Axis – "Homeland Security" Fight - Flight - Freeze



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## Trauma – "Toxic Stress Frozen in Place"

- ► Robin Karr-Morse, in *Scared Sick: The Role of Childhood Trauma in Adult Disease:*
- ▶ Stress and Trauma on the same continuum but
- ▶ Stress normal response to threat or being overwhelmed
- ► Trauma TOXIC STRESS FROZEN INTO PLACE in our brains and our bodies, reverberating chemically
- ▶ The chemistry of Trauma keeps us on 'red alert'

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#### **Anxiety**



- ► CNS and Endocrine and Immune Systems
- ► The higher brain functions are optional
- ► Lingering low levels of fear
  - **► ANXIETY**
  - ► Always on an elevated level of risk

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#### " when fear is the architect..."

- ► Affects the pleasure and reward center of the brain (*nucleus accumbens*).
- ▶ Inhibits the development of the *prefrontal cortex* necessary for impulse control.
- ▶ Dr. Bruce Perry and others have shown measurable differences in the *amygdala*, the brain's fear response center, in children exposed to trauma and children without trauma and adversity.

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# The neurophysiology of *toxic* trauma response

When the tiger lives in our house...



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#### **Resilient Children**

On the surface they were able to withstand the challenges of childhood trauma...







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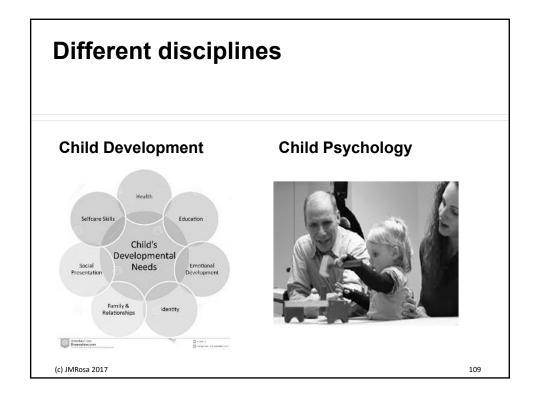
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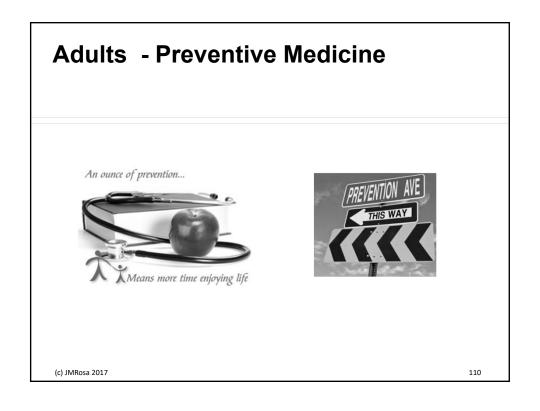
#### The rest of the story....



Childhood is just the tip of the iceberg....

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#### When it all began .. mid 1990's

#### Vincent J. Felitti, MD



#### Robert F. Anda, MD, MS



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# ACEs Study – Adverse Childhood Experiences

- ► Large group 17,500 members in the study, longitudinal & ongoing, mid-90s
- ► CDC <a href="http://www.cdc.gov/violenceprevention/acestudy/">http://www.cdc.gov/violenceprevention/acestudy/</a>
- ► Study group 70% Caucasian, 70% college educated, average age mid-50's, great medical care!

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4	AVA video	
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#### ACEs....what are they?

- ➤ 1. Physical/emotional/or sexual abuse
- ➤ 2. Physical or emotional neglect
- ➤ 3. Parental mental illness or sub. abuse
- > 4. Parental incarceration
- > 5. Parental separation or divorce
- > 6. DOMESTIC VIOLENCE
- > 7. Economic Hardship

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#### **ACEs International**

#### Adds Queries about

- ▶ Peer Violence
- ► Witnessing Community Violence
- ► Death of a parent or guardian
- ► Relationship Quality with parents
- ► Forced Marriage
- ► Exposure to War/Collective Violence

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#### **ACEs Expanded**

- **►** Witnessed violence
- ► Felt discrimination
- **►** Unsafe neighborhood
- ► Experienced bullying
- ► Lived in foster care

#### Note!

- ► Each item receives only 1 point regardless of the length, duration, repetition, of the abuse.
- ▶ Perhaps there is more to study here?
- ▶ Perhaps other stressors need to be added?

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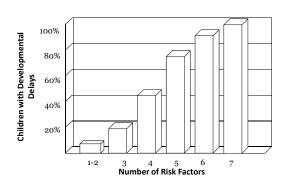
#### **ACEs Effects on Child Development**

- ► ACEs score 3 -- 19%
- ► ACEs score 4 -- 41%
- ► ACEs score 5 -- 77%
- ► ACEs score 6 -- 95%
- ► ACEs score 7 -- 99% chance of development delays

From: Dr. Vivian B. Brown, Colo 2014; Source: Barth, et al, 2008, Children with Developmental Delays

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## 90-100% Chance of Developmental Delays When Children Experience 6-7 Risk Factors



Data Source: Barth, et al. (2008)
Graphic adapted from 2011, Center on the Developing Child at Harvard University

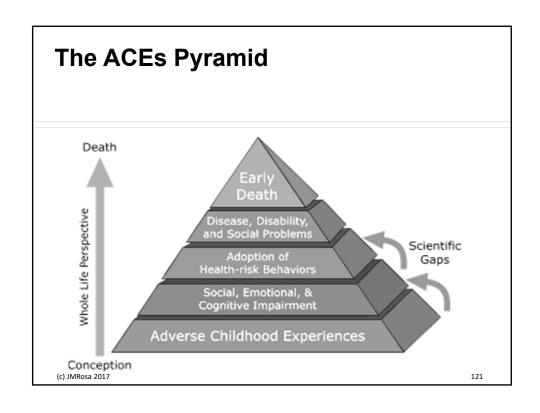
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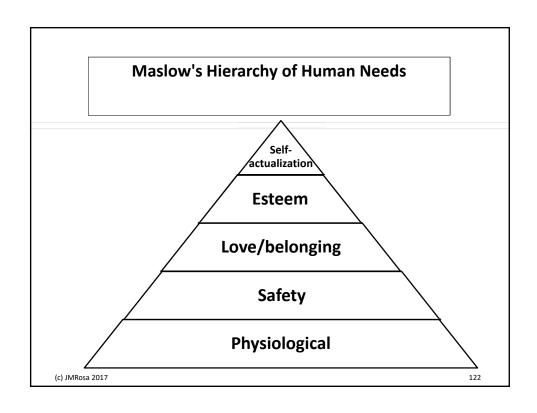
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#### "Resilient" children?

- ► Is it just high-risk behavior?
- ► Science says No
- ► Even with 0 risk factors if person has a ACE 7+ there's a 360% increased risk of heart disease
- ► And 300% increased risk of lung cancer
- ▶ Hidden time bombs.....

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#### **National-State**

- ► Most common ACE Economic Hardship
- ▶ 2<sup>nd</sup> Most common ACE **Divorce/Separation**
- ► Top 5 include Abuse of Alcohol/Drugs, Community Violence, Mental Illness
- ► California same rankings as national

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#### BUT there's more....

#### Neurobiology



#### **Epigenetics**



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#### **Behavioral Epigenetics**

- ► "When Fear is the Architect" the work of Dr. Bruce Perry and others
- ► Repeated assault on child's stress system can lead to physical changes.
- ► What we pass to the next generation is NOT stable and immutable.
- ➤ Trauma experiences in our past, or parent's past, leave molecular scars that adhere to our DNA

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#### **Behavioral Epigenetics**

- ► How Nurture shapes Nature
- ▶ Not an actual change in the DNA (mutation), but rather a change in how genes are going to engage and react
- ► Makes changes at the cellular level
- ▶ Not a death sentence not a life sentence !!
- ► This mechanism may have kept the species alive and thriving

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#### **Historical Trauma**

- ► Slavery
- **▶** Oppression
- ► Native American/Indigenous
- ► Cultural
- **▶** Gender

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## What Can We Do?

"Iron Lungs" and "Cannons"

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#### A, B, and C

- ► **AWARENESS** Knowledge of Topic of Community
- ► BALANCE Accountability (court and law enforcement processes) balanced with Reducing Forensic Trauma and Increasing Healing
- ► CONNECTIONS Partnerships are KEY for institutions, for trauma victim, for community

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#### Responses - for Children

- ► Relationships
- ▶ Activities
- ► Safe and Stable Environment
- ► Modeling "Serve and Return" interactions
- ▶ Reduce/Eliminate ACEs
- ► Early Pre-School

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## Trauma – in Adults – What do we see?

- ► Low expectations, low self-esteem
- ▶ Disrespect of self (e.g. addictive behavior) or community
- ► Short term view a survivor mentality
- ► Relationships distrustful, volatile, vulnerable, angry
- ► Emotions fear, hyper vigilance, hurting, depressed, anger

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#### In the Courtroom

- ▶ All of these affect how we react to litigants and children
- ▶ The FIGHT/FLIGHT/FREEZE response may look like:
  - Fight anger and hostility, 'chip on the shoulder'
  - Flight failure to return, noncompliance with plan
  - Freeze non-communicative, sullen, closed down
- ► How much of this could be coming from Traumatic Brain Injury?

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#### "Just get over it" - doesn't work

- ► Our frustration with parents....
- ▶ But if methyl groups and histones were added during childhood to the genes in the brain.....
- ► A litigant stands before us in virtual handcuffs to certain patterns....
- ► Our role is to allow a space for healing
- ▶ Timing matters! The earlier the better

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#### Resilience

- ► The key to healing
- ► Focuses on individual's strengths
- ► Comes from within the individual
- ► Self-actualization choices
- ► Is fed and nurtured by OTHERS (assurance of success)

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#### A message that works -



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# **Court & Community:** Responses

- ► Be "Trauma-Informed" know what is *actually* happening
- ► SAFETY FIRST environment
- ► Respectful responses to litigant, COLLABORATION
- ► Empowerment, Self-determination
- ► Humiliation, Control, Critical Authorities all triggers

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#### "Trauma Informed"

- ► Shared MEANING?
- ► Shared INFORMATION? "systems penetration"
- ► Shared PLAN, shared RESPONSE?
- ► Shared VISION of what healing looks like?
- ► Shared staff training?

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#### **Relationships Buffer Toxic Stress**

- ► Learning how to cope with moderate, short-lived stress can build a healthy stress response system
- ► Caring adults for both children AND adults are key
- ► Consider SAMSHA Guidelines



Source: Center on the Developing Child at Harvard University (2012).

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#### **SAMHSA Guidelines**

- 1. Safety
- 2. Trustworthiness and Transparency
- 3. Peer Support
- 4. Collaboration, Mutuality
- 5. Empowerment "Voice and Choice"
- 6. Cultural, Historical, Gender Issues.

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#### **Physical/Emotional Safety**

- ► Physical space well lit, noise/overcrowding, 'cattle call'
- ► Clear (to litigant!) safety measures in place -PERCEPTION
- ► Confidentiality upheld
- ► Predictability
- ► RESPECT- and Litigant/Client Autonomy
- ▶ Informed, Consistent, Clear communications signage too!

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#### Ask this question....

"How are we providing.....

- **► SAFETY**
- **▶ PREDICTABILITY**
- **► CONTROL**

for the traumatized adult before us?"

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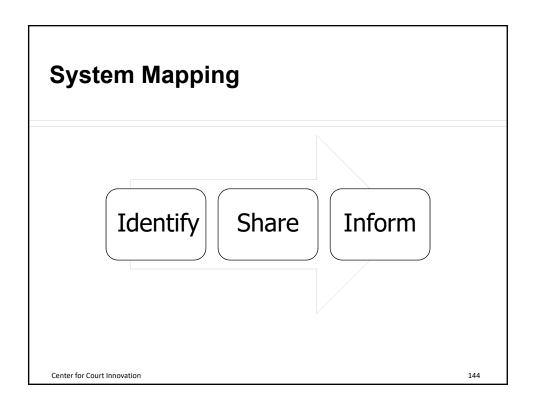
# Eliminating ACEs is a public health issue

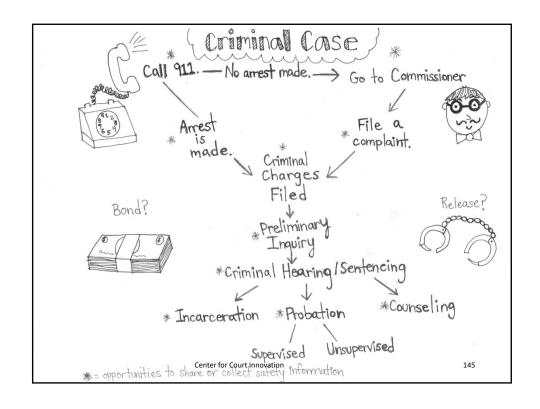
the effects can be moderated with counseling, environment, & intervention

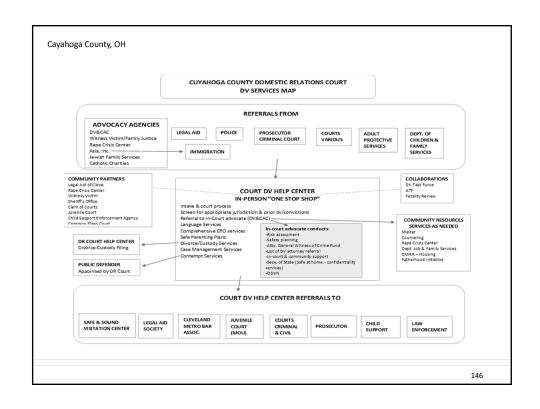
by COURTS and COMMUNITY

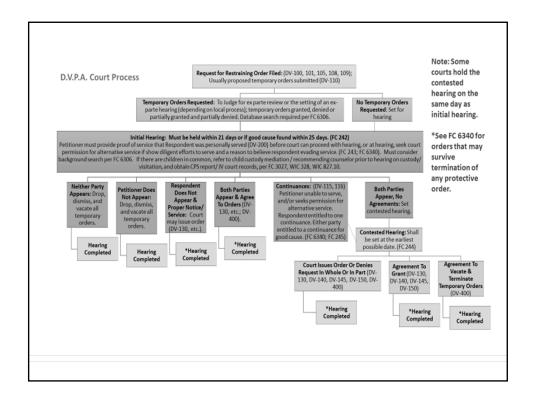
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**Incorporating Risk into Decision- Making: System Mapping** 









#### **CA System Map: Exercise**

#### At your table:

Review the sample CA System Map:

- ▶ What are the strengths in your system in identifying and responding to risk and lethality?
- ► What are the challenges to gathering risk information in your system response?
- ▶ Who else needs to be at the table to create YOUR COMMUNITY map to better understand WHO is assessing for risk and lethality for WHAT PURPOSE and HOW it is being shared?

Break 3:15-3:30



Incorporating Risk into Decision-Making: Restraining Orders, Parenting Plans and Judicial Leadership

#### Why it's so important to 'get it right'

- \*Important note: children of batterers are at risk of homicide
- More than 1 in 8 DV homicides involves murder of a child
- □ DV is a risk factor for child abuse fatalities
  - ☐ In one study, 55% of families with a child homicide had a documented DV history

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# DOMESTIC VIOLENCE ~ IN THE CONTEXT OF PARENTING

What does it mean?

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#### Putting it in the context of California

#### Practical exercises A, B, C

- ► What more do you want to know about risk, parenting, child safety?
- ► How would you gather that information?
- ▶ What safety provisions would you include in your order?
- ► Using the Bench Guide, go through the scenario again. What custody/parenting plan orders would you make? What factors did you consider?

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# PUTTING THE PIECES TOGETHER: JUDICIAL LEADERSHIP

#### The Privilege of Shaping Tomorrow....

Your unique position ....having the privilege of shaping tomorrow in your community.

#### Change needs both.....

#### **CREATIVITY**

Creativity is THINKING UP NEW THINGS



#### **INNOVATION**

▶ Innovation is DOING NEW **THINGS** 





And... Courage to Take Action

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#### Leadership Role

- ► Judicial leadership promote shared leadership among colleagues and other system players; institutionalizing change
- ► We influence and impact outcomes both in and out of the courthouse.

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#### Judge as Leader

- ➤ Our highest calling is to improve outcomes for the members of our community
- ▶ ABA Code of Judicial Conduct (2007) Rule 3. 1-
  - ► Reverses the emphasis now a judge may engage "except where prohibited by law"
  - ► Comment: Judges "encouraged to engage"
  - ► Comment: Participation in both legal and community activities helps integrate the judge into his/her community

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#### The Power of an Unshakeable Vision



#### **Share bench Power**

- ► "Leading from behind"
- ► Empower others with authority as leader
- ► Run interference
- ► Support and ratify



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#### Other Leaders - great value

- ► Court Administrators
- ► Domestic Violence Advocates
- ► Bar leaders
- ► Tribal, segments of community leaders
- ▶ Who else is a potential leader in your community?

# Innovation is Messy! But rewarding....



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#### And it is worth all the effort!...

THANK YOU!	
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