

**Marijuana and Prescription Drug Use:  
Eliciting and Applying Addiction  
Assessment to Treatment Planning**

*presented by:*

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- Addiction is a topic that is often dealt with in dependency mediation.
- Due to increasing use of medical marijuana, prescribed narcotics, and other drugs, system professionals and others are sometimes confused about how to handle this relationship to parenting and the safety and wellbeing of children.
- This workshop will address the topic of "use vs. abuse" of substances.

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- How to discern addictive behaviors
- Understand appropriate treatment options
- How to determine progress or lack of progress in treatment
- How to use this information to facilitate effective mediations

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**What is Addiction?**

- Brain Disease
- Incurable
- Treatable
- Chronic
- Progressive
- Life-Threatening
- Relapsing

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**What is Addiction?**

- Genetic Predisposition
- Highly stigmatized
- Often Co-Occurs with Other Psychiatric Illnesses
- Many forms
- Transference of Addiction is the Norm
- Relapse Can Only Occur in the Context of "Real Recovery"

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**What is Real Recovery?**

- Awareness
- Acceptance
- Ownership
- Umbrella
- Sources of Motivation to Change and Not Change
- Stage of Change Model Delineation Drives Intervention Selection

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## STAGE OF CHANGE MODEL

**Precontemplation**  
 may/may not be aware of need to change; avoids topic; knows little about it  
(Harm Reduction, Disease Management/Education, Intervention, Contingency Management, and Motivational Interviewing: Awareness)

**Contemplation**  
 considers and articulates the advantages and the disadvantages of change  
(Harm Reduction, Disease Management/Education, Intervention, Contingency Management, and Motivational Interviewing: Awareness)  
 Source of motivation: Internal, External, Combination

**Preparation**  
 making a commitment to change and creating a plan  
(Harm Reduction, Disease Management/Education, Intervention, Contingency Management, and Motivational Interviewing: Awareness, Acceptance, and Ownership)  
 Source of motivation: Internal, External, Combination

Adapted from Prochaska and DiClemente, 1984/2002

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## STAGE OF CHANGE MODEL

**Action**  
 implementing the plan; revising the plan as needed; may relapse  
(Harm Reduction, Disease Management/Education, Intervention, Contingency Management, and Motivational Interviewing: Awareness, Acceptance, and Ownership)  
 Source of motivation: Internal, External, Combination

**Maintenance**  
 continue to make significant changes (that were implemented during the action stage);  
 the changes becomes more habitual; implement strategies to assist in the prevention of slips or relapse

**Relapse**  
 part of the change process; can be used as a learning tool via behavioral analysis  
 Assess veracity of Awareness, Acceptance, and Ownership

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## What to Ask About and Look For...

- Is there addiction disease in the Biological Family of Origin?
- If so, is there a FOO role model for proper management of the disease? Who and what's your current relationship with that person?
- Do you identify as someone with the disease of addiction? If yes, why. If no, why not.

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**What to Ask About and Look For...**

- Are you willing to sign a release of information so that I can discuss your medications with your doctor/s?
- Are you using THC for medical reasons and if so can your medical doctor support that?
- Are you burdened with trauma history, mood swings, depression, anxiety, etc.? If so, when and how treated and the outcome of the treatment.

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**What to Ask About and Look For...**

- When you are stressed, sad, bored how to do you handle that?
- Have you ever sought help for addiction? How many times, when, where, type of treatment, and outcome of each?
- If you did ever seek help for addiction? What motivated you?

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**What to Ask About and Look For...**

- What things have you tried to help you not use?
- What coping strategies do you use?
- How do you feel about submitting to directly observed drug testing?

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**Use of Prescribed Medication with Abuse Potential**

- Are you taking prescribed medications?
- Are they prescribed to you?
- Who is prescribing them? When did you last meet with that prescriber?
- What are they being prescribed for?

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**Use of Prescribed Medication with Abuse Potential**

- Will you sign an ROI so that the prescriber can be contacted to verify everything you are taking?
- Check the prescriber's license and prescription history
- Ask the prescriber if they participate in CURES.
- Obtain pharmacy records of prescriptions and their pattern of issuance.

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**THC: Medicinal or Recreational**

- Do you consume THC?
- Do you have a letter from a MD that authorizes the need for medicinal THC? Will you provide the letter.
- Will you sign a ROI so that your authorizing MD can be contacted?

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**THC: Medicinal or Recreational**

- How do you consume the THC?
- Is it laced, dipped or dusted with any other substance?
- What time/s of day do you consume THC and how many days of 7 due you consume?

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**Treatment Requirements**

- If you suspect any type of addiction, require the person to be evaluated by a licensed experienced addiction specialist.
- Require all toxicology screens to be directly observed.
- Know the addiction treatment providers/programs you are referring individuals to.

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**Treatment Requirements**

- Identify what stage of change the individual so that intervention matches that delineation.
- Detox is not at all sufficient.
- Accept that addiction medication is standard of care.

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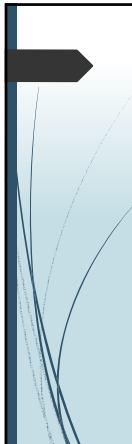
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## Treatment Requirements

- ▶ Use POC toxicology screens.
- ▶ Do not participate in fragmented care.
- ▶ SOC is: Individualized, Integrated, and Comprehensive.

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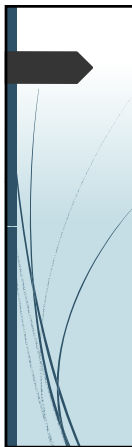
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## Addiction and Parenting Ability

- ▶ Co-morbid conditions
- ▶ Type of substance/s or processes being used
- ▶ Other prescribed medications
- ▶ Presence of functional coping strategies

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## Trainer Role Play

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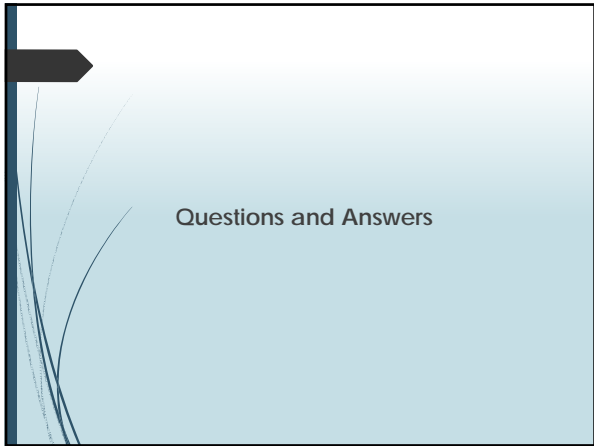
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Questions and Answers

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