# Exploring Options: Parental Mental Health Issues in Dependency Court

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#### Your Concerns

- What behaviors do you observe that cause you concern?
- Why do they concern you?
- INR: *How does this behavior interfere with parenting?*

## Why do people behave as they do?

- **Biology** supplies levels of potential
- History
- Systemic Context
- Belief about the future
- What is **normal**?

#### Psychosis

Loss of contact with reality

#### Delusions

- False beliefs
- Disorganized speech Loose Associations
- Hallucinations
- What is inside one's mind is greater than reality
- Schizophrenia, Bipolar,

#### Personality Disorders (Most: Ego Syntonic)

- Cluster A Odd Disorders
  - Paranoid irrational suspicion, mistrust, interpreting motivation as malevolent – (male)
  - Schizoid lack of interest, detachment from social relationships, restricted emotional expression – (male)
  - Schizotypal extreme discomfort interacting socially, distorted cognitions & perceptions – (male)

## **Personality Disorders**

- Cluster B Dramatic, Emotional, Erratic
  - Antisocial disregard for & violation of rights of others, lack of empathy – (female)
  - Borderline instable relationships, self-image, identity, behavior and affects often leading to self harm & impulsivity – (female)
  - Histrionic attention-seeking behavior, excessive emotion – (female)
  - Narcissistic grandiosity, need for admiration, lack of empathy - (male)

#### **Personality Disorders**

- Cluster C Anxious or Fearful
  - Avoidant social inhibition & inadequacy, extreme sensitivity to negative evaluation – (equal)
  - Dependent need to be cared for by others (dependent)
  - Obsessive-compulsive (NOT OCD) rigid conformity to rules, perfectionism & control – (male)

#### Mental Status Exam

- Appearance
- Attitude (rapport)
- Behavior (eye contact, body-language)
- Mood & Affect (congruency, blunted, exaggerated)
- Speech
- Thought Process (quantity, tempo, form)

- Thought Content
- Perceptions
- Cognition (attention, memory [short & long term], ability for abstract thinking)
- Insight
- Judgment
- REMEMBER CULTURAL CONSIDERATIONS

#### Resources

• PubMed Health – NIH http://www.ncbi.nlm.nih.gov/pubmedhealth

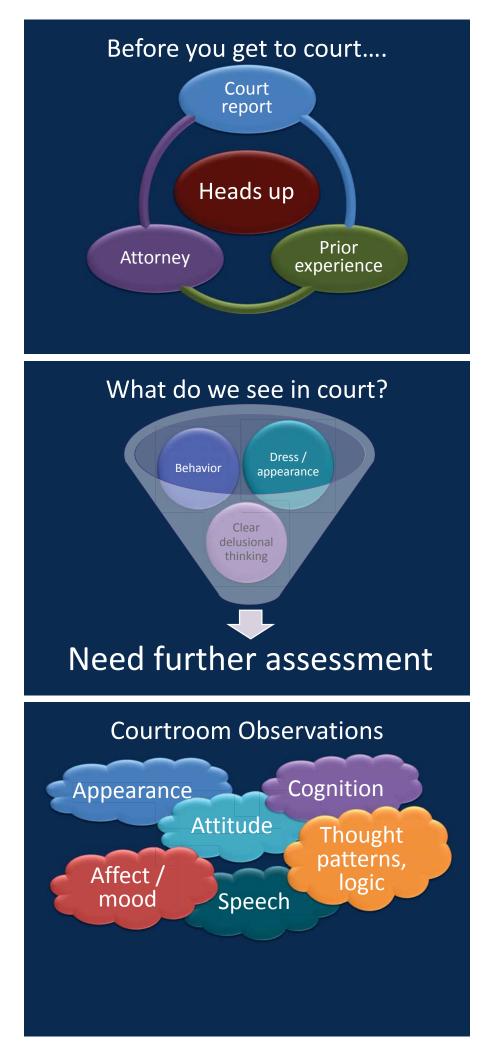
Institute for Advanced Studies in Personality and Psychopathology - <a href="http://www.millon.net">http://www.millon.net</a>

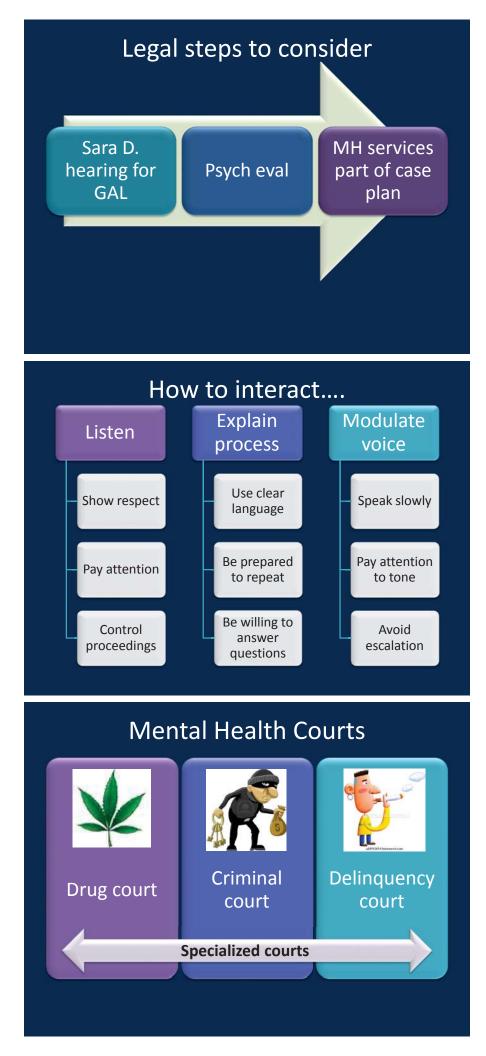
National Alliance on Mental Health - http://www.nami.org/

Mental Status Exam -

http://www.nevdgp.org.au/files/programsupport/mentalhealth/Ment al%20State%20Exam%20-%20form.pdf?PHPSESSID=aebebbe47bf4cfb4119bc939249f47aa







# Mental Health Dependency Court?

Rachael Pendleton, April 2008, Center on Children & MH & community supports

the Law

**Essential elements** Multidisciplinary team

Health Court Model: Can Child Dependency Benefit?

Child

The Mental

Individual plans based on client's functioning

Client's therapist in courtroom

Frequent court reviews

Early & comprehensive diagnosis & prognosis

# Mental Health Dependency Court?

Questions

Types of cases where it won't work?

For chronic MH issues, how long court supervision?

How deep court delve into monitoring & casework?

What if prognosis is poor?

Which model of MH court is most effective?

What are outcomes for kids?