Child's Name _____ Date _____ Brought by _____

INTRODUCTION: I am going to ask you to grade your Mom/Dad on things that parents do. These are the grades:

- A = Excellent Job
- B = Good Job
- C = OK Job
- D = Needs Improvement
- F Needs a Lot of Help

	My Mom / My Dad	Α	В	С	D	F	Examples:
	I. NURTURING						
	Shared Affection/Participation						
1	Gives me hugs and kisses						
2	Says things that make me feel special						
3	I like giving my parents hugs and kisses						
4	Helps me enjoy spending time with him/her						
5	Drives me and my friends places we want to go						
6	Visits my school and comes to my sports activities						
7	Plays games and sports with me						
8	Watches TV/movies with me						
	Responsiveness						
9	Is a good listener when I feel sad						
10	Understands how I feel about his/her girlfriend/boyfriend						
11	Comforts me when my feelings are hurt						

	My Mom / My Dad	Α	В	С	D	F	Examples:
12	Does not embarrass me in front						
	of my friends						
13	Is kind when I feel sick						
14	Sets aside time when I need						
	him/her to talk						
	Protection						
15	Makes me wear sunscreen and						
	protective sports gear on						
	bicycles, ATV's, rollerblades,						
	etc						
16	Makes me feel safe when I am at						
	home or in a car with him/her						
17	Does not say sexual things that						
	make me feel uncomfortable						
18	Has nutritious food around the						
	house						
19	Does not yell at me						
20	Has a savings account for me						
21	Understands when something is						
	too difficult for me to do						
22	Is good at helping me try new						
	things which frighten me						
	II. TEACHING						
	Communication with Child						
23	Has heart-to-heart talks with me						
	about what is right and wrong						
24	Teaches me how to respond to						
1	emergencies like if somebody						
1	gets sick or hurt, if I'm locked						
1	out of the house, when a stranger tries to talk to me						
25							
25	Explains human sexuality to me						

	My Mom / My Dad	Α	В	С	D	F	Examples:
26	Listens to what I say carefully						
	when we have an argument						
27	Makes it easy to talk to about my						
	problems						
28	Makes it easy to talk						
	comfortably with him/her about						
	my other parent						
20	Managing/Supervising						
29	Takes me to special learning						
	activities like museums, national parks, theatre plays, puppet						
	shows and stuff like that						
30	Knows what movies I watch or						
50	what computer sites I visit						
31	Knows what my teachers are like						
	and what is going on at school						
32	Knows if I am getting along						
	good with teachers, coaches and						
	friends						
33	Talks with me about what to do						
	or say to bullies and friends who						
	are mean to me						
24	Discipline						
34	Stays calm and does not get						
35	angry when I break a rule Talks to me calmly when I get in						
55	trouble so I learn to make better						
	choices						
36	Does not hit, punch, slap or grab						
	me						
37	Gives consequences and						
	punishments that are fair when I						
	break a rule						

	My Mom / My Dad	Α	В	С	D	F	Examples:
38	I know he/she means it if they						
	say I have to do something						
39	Is nice, not bossy or mean, when						
	telling me to do things						
	Modeling						
40	Usually is in a happy mood						
41	Calms down quickly when						
	he/she gets upset						
42	Does not smoke cigarettes or						
	drink too much alcohol						
43	Is patient						
44	Can be counted on to do what						
	he/she says they will do						
45	Apologizes to me when he/she						
	makes a mistake						
46	Respects my privacy: for						
	example, does not go through						
	my personal journal or phone						
	history						
47	Does not say mean things about						
	other people, including minority						
	groups such as Blacks, Jews,						
	Hispanics, Arabs, Gays						
	III. CO-PARENTING						
	Communication with Co-Parent						
48	Keeps my other parent informed						
	about my activities, school						
	grades, friends, school, etc.						
49	Is friendly at doctor						
	appointments when my other						
	parent is there						

	My Mom / My Dad	Α	В	С	D	F	Examples:
50	Is friendly to my other parent						
	when they meet at school and						
	when he/she calls on the phone						
51	Tells me I can take my stuff						
	between houses if I want to						
	Supporting						
52	Tells me to telephone or text my						
	other parent and to return their						
	phone calls						
53	Does not get angry at my other						
	parent when I am close enough						
	to hear						
54	Does not ask questions about my						
	other parent's private life						
55	Does not make me talk about						
	which home I want to spend						
	most of my time in						
56	Helps me to send cards or gifts						
	to my other parent for holidays,						
	birthdays, when they are sick						
57	Does not tell me to keep secrets						
	from my other parent						
58	Talks about my other parent in						
	kind and loving ways						
59	Makes nice comments about the						
	gifts and cards I get from my						
	other parent						
60	Is on time to pick me up at						
	exchanges						
61	Enjoys himself/herself while I						
	am with my other parent						

	My Mom / My Dad	Α	В	С	D	F	Examples:
62	Compliments me on how I resemble my other parent, for example: "You have beautiful hair like your mother"						
63	Encourages me to pray for my other parent						
64	Keeps pictures of my other parent at his/her home						
65	Wants me to have good relationships with relatives on both sides of the family						
66	Changes the parenting schedule so that I can attend special activities						